
ANN KRUPA THANKACHAN

PHYSIOTHERAPIST

Phone: 9566749010

Email: annkripa@gmail.com

Address: KP8/1012, MLA Road, Pathirapally, Trivandrum, Kerala.

DOB: 11 June 1992

Languages Known: English, Malayalam, Hindi, Tamil.



PERSONAL SUMMARY

A skilled, hardworking physiotherapist with two years of progressive patient care experience, covering many aspects of physiotherapy and demonstrates ability to leverage knowledge in current field. Strives to facilitate a dynamic therapy experience to meet patient's goals and needs with effective clinical and therapeutic services.

WORK EXPERIENCE

Physiotherapist at Aster Specialty medical centre, International city, Dubai (March 2019 to October 2019)

An out patient set up. Dealt with Orthopaedic pain, sports injury and post fracture cases, various neurological conditions and vertigo.

DUTIES

- Treating 10-17 patients.
- Initial examination, evaluation, diagnosis and prognosis.
- Work on treatment planning, treatment execution and giving home programme for the patients.

Physiotherapist at Christian Medical College ,Vellore , India (April 2016 – April 2018)

- April 2016 – November 2016: Out patient Department (Dealt with post fracture, Traumatic Brain Injury, Stroke, Spinal cord Injury, Various neurological conditions, Pain Management)
- November 2016 – February 2017: Acute Physical Medicine and Rehabilitation setting. (Dealt exclusively with TBI, SCI and Stroke patients in In-patient Setting)
- March 2017 – April 2018 – Department of neurosurgery, neuromedicine and pediatric neurology. (Dealt with post craniotomy, craniectomy and various post spinal surgery patients, pediatric neurology patients and patients with various neurological conditions.)

DUTIES

- Treating 10-15 patients.
- Taking part in the rounds with the medical doctors.
- Initial examination, evaluation, diagnosis and prognosis.
- Work on treatment planning, treatment execution and giving home programme for the patients.
- Clinical teaching, evaluation, supervision and guidance for undergraduate students.
- Teaching applied anatomy to the first year BPT students.

SPECIAL CLINICS

- April 2016 – April 2017: Female Continence Clinic. This clinic was attended only by women who faced issues with incontinence and pelvic floor muscle disorders.
- April 2017 – April 2018: Brain Injury Clinic. A facility provided to the patients with Brain Injury to meet with neurosurgeon, physiatrist, physiotherapist, occupational therapist, speech therapist and psychologist depending on their need.

ACADEMIC QUALIFICATIONS

DEGREE	INSTITUTION/UNIVERSITY	YEAR
Bachelor of Physiotherapy (BPT)	Christian Medical College Hospital, Vellore. Dr. MGR Medical University, Chennai, India	2011-2016
Senior Secondary Certificate Exam	St, Thomas Central School, Thiruvananthapuram, India CBSE	2009-2010
Higher secondary certificate Exam	St, Thomas Central School, Thiruvananthapuram, India CBSE	2007-2008

CLINICAL OBSERVATION

In keeping with the emphasis placed on practical, hands-on approach to learning by my college, I have been credited with 1950 hours of clinical observation and practice (excluding internship) under a physiotherapist in various clinical settings including:

- Orthopedics
- Neurology
- Acute post spinal cord and brain injury rehabilitation
- Chronic post spinal cord and brain injury rehabilitation
- Cardio-thoracic (inclusive of I.C.U)
- General medicine and surgical units (inclusive of I.C.U)
- Pediatrics
- Electrotherapy

RESEARCH AND PROJECT

Bachelor's dissertation on "Efficacy of kinesiotaping in relieving dysmenorrhea in unmarried women- An RCT"

MEMBERSHIP

- Life time member of the India association of physiotherapists.
- Registration number LA-39696

SPECIALISATION COURSES

- Dynamic Taping – level 1
- Myofascial release

HVO (Health Volunteer Overseas) USA

- Orthopedic Manual Therapy
- Vestibular Rehabilitation