

Irene Anns Antony



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Languages:

English – Proficient

Malayalam – Mother Tongue

Career objective

Dedicated, reliable, skilled, ethical healthcare worker with ability to stay calm and intervene during crisis, facilitate groups and educational Seminars, and collaborate on multidisciplinary terms . Looking staff nurse position in a reputed health care centre.

Experience

- Staff Nurse LILAVATI HOSPITAL And Research Centre
- Department :NICU/PICU
- YEAR:01/09/2021 – 14/12/2022

Education

B. Sc Nursing

Years	Mark (%)	Division
First Year	66.4	First
Second Year	68.8	First
Third Year	70.1	First
Fourth Year	72.5	First

COURSE	BOARD / UNIVERSITY	PERCENTAGE	YEAR OF PASSING
B.Sc. Nursing	Jubilee mission college of nursing	First class	2021
10+2	Jawahar Navodaya Vidyalaya	82.00	2016
10 th	Jawahar Navodaya Vidyalaya	98.00	2014

Clinical Experience during course

SL . No	Year	Name of Institution	Area	Duration
1.	I st	Jubilee Mission Medical College, Thrissur	All wards including CSSD, lab and radiology	6 months
2.	II nd	1.jubilee mission medical college ,Thrissur 2.CHC vellanikkara , Thrissur 3.Various PHC	Medical and surgical ward, various ICU, causality, operation theatre, burns, speciality ward, pathology lab and blood bank	6months 1 Month

3.	III rd	jubilee mission medical college	Medical and surgical ICU, Dialysis, burns, causality, medical and surgical ward.	4 months
			Oncology ward and chemotherapy.	2 weeks
			Paediatric ICU, neonatal ICU, paediatric surgical ICU, Cleft and palate ward, paediatric medicine ward.	2 months
			Psychiatric ward and rehabilitation centre.	2 months
			Research ;A study to assess the adequacy of steps followed during nasogastric tube feeding among nursing personnel in selected areas of JMMC &RI	
4.	IV th	1.jubilee mission medical college, Thrissur	Obstetrical and gynaecological ward, operation theatre, labour room, NICU	5 Months
		2.urban and rural community posting	CHC,PHC, Home visit	2 months
		3. jubilee mission medical college, Thrissur	Management and administration of 1 st , 2 nd and 3 rd year students	1 month

Equipment handled

Syringe pump , Nebulizer, Pulse oximeter , Glucometer , Sphygmomanometer, Stethoscope, Thermometer, Cardiac monitor, Steam inhaler, Ventilator, Fetoscope, Weighing machine, Oxygen cylinder, CTG, FHS, Infusion pump, Assist during pre and postnatal care and normal delivery.

Workshop and webinar attended

- ❖ “disaster preparedness; Join hands to uplift mankind”

- ❖ “pedagogy of the 21st century; innovative teaching methods and evaluation methodologies in nursing education”
- ❖ CPR and AED skills
- ❖ “CATCH; comprehensive approach and treatment modalities of congenital heart diseases”
- ❖ International webinar on “mental health for all; greater investment greater access”
- ❖ National webinar on “MLHP initiative for BSc nursing students”
- ❖ National webinar on “preparation and publication of scholarly articles”
- ❖ National webinar on “curriculum development”
- ❖ webinar on “career opportunities in nursing” ❖ courses; nutrition and lifestyle in pregnancy

strengths

- ❖ highly achievement oriented with an ability to develop effective strategy
- ❖ strong leadership skills with an ability to build, develop and result oriented teams
- ❖ confidence and hardworking
- ❖ punctuality and positive attitude
- ❖ optimistic

Achievements

- ❖ Completed add on course on “bioethics”
- ❖ Completed add on course on “forensic nursing”
- ❖ Completed course on “midlevel health provider”
- ❖ Attended training programme on BLS-ACLS conducted by American heart association
- ❖ Member of SNA as judicial secretary 2017-2018

Duties and Responsibilities

- ❖ Total nursing care based on nursing process approach
- ❖ Preparation of unit
- ❖ Admission and discharge
- ❖ Comprehensive nursing care
- ❖ Receiving and assisting the patient from ward
- ❖ Follow infection control policy

- ❖ Maintenance of good nurse-patient relationship
- ❖ Assess the physical and neurological condition of the patient
- ❖ Check the vitals of the patient every hourly along with date and time
- ❖ Provide psychological support to minimize patients anxiety
- ❖ Maintenance of input and output chart
- ❖ Collection of specimen
- ❖ Management of medical and surgical emergencies
- ❖ Hot and cold applications
- ❖ Care of patients with pre and post operative periods
- ❖ Personal hygiene, nail care and hair care and bladder care
- ❖ Care of pressure sore
- ❖ Maintenance of physical, social, psychological, spiritual and rehabilitative needs of the patient.

Reference

Sakshi Malkar
Nurse Officer
LILAVATHI HOSPITAL AND RESEARCH CENTRE
Bandra,Mumbai
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JUSTY JOY

Asst. Professor

JMCON , Thrissur

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Declaration

I hereby declare that the above furnished details are true to the best of my knowledge and belief.
I assure that I will discharge my duties to the best satisfaction of my superiors

Place : Konnakkad

IRENE ANNS ANTONY

Date : 02-01-2023