

BIJO KR

Physiotherapist (BPT)



PROFILE

To work in a challenging atmosphere by exhibiting my skills with utmost sincerity and dedicated service for the patient care and wellbeing of the society.

EXPERIENCE

MEDICAL TRUST HOSPITAL, ERNAKULAM.

INTERN – June 2022 – December 2022

Covered different specificities and departments including general medicine, orthopedics, neurology, cardiology, intensive care, and post-operative units, in specified departments on neuro, cardio and orthopedics, participated as medical staff for a variety of sports-oriented tournaments.

JANEY SPECIAL SCHOOL, ERNAKULAM

Experience in managing "DIFFERENTLY ABLED CHILDREN"

M T H SPORTS PHYSIOTHERAPY CLINIC, RSC INDOOR STADIUM, KADAVANTHARA, ERNAKULAM

Experience in assessing and managing sports professionals

AASHIYANA REHABILITATION

CENTRE VETTICKAL, ERNAKULAM

Experience in rehabilitation of different types of spinal cord injury patients

ADDITIONAL

- Expertise in examining, diagnosing, and planning treatment programs during various medical camps.
- Part of on field medical team for various sports events.
- Spice Coast Marathon 2019,2022
- ISL 2017,2018
- LaLiga World 2018
- Under 23 FS,GR& Women National Wrestling Championship 2022

EDUCATION

Bachelor of Physiotherapy

Medical Trust Institute Of Medical Sciences, Kochi (2017-2022)

Higher Secondary School

GHSS Kattilapoovam (2016)

High School

Seventh Day Adventist Higher Secondary School, Thrissur (2014)

CERTIFICATION

- Acquired certification on "THERAPEUTIC TAPING" from institute of Manual Therapy and Taping.
- Participated in symposium on "PHYSIOTHERAPY UPDATE IN CRITICARE 2019", MTIMS, Ernakulam.

MODALITY KNOWLEDGE AND EXPERIENCE

- THERAPEUTIC TAPING
- Exercise therapy and group exercise programs including aerobic and strengthening exercises.
- Electrotherapy modalities and modalities-based rehabilitation

PROJECT

Done a project on "A survey study on stress and depression among allied health sciences students in virtual classroom during covid 19 pandemic"

JOURNAL

Presented a journal on topic "Hip abductor strength and patellofemoral pain syndrome"

PERSONAL DETAILS

- DOB: 03 MAY 1998
- Age 24
- Kunnath thazhath House Kannara PO Thrissur 680652

CONTACT

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