

## CURRICULUM VITAE



### OBJECTIVES

With professional qualifications and skills in healthcare. I wish to work for a healthcare center that can utilize my knowledge and skill, and which will give me a sense of satisfaction and fulfillment from positively contributing towards a patient's health, and I simultaneously grow professionally with the organization.

### STAFF NURSE

Name : **RIYA K TOMY**  
Email ID : [riyasarah2000@gmail.com](mailto:riyasarah2000@gmail.com)  
Mob No. : 9074125297

### PERSONAL PROFILE

Name : **RIYA K TOMY**  
Date of Birth : 11.01.2000  
Sex : Female  
Marital Status : Unmarried  
Nationality : Indian  
Professional Course of study : **B.Sc. Nursing**  
Religion : Christian-Jacobite  
Present Address : Kanjirathukuzhiyil House  
Kadamattom P O ,  
Kolenchery  
Ernakulam  
Kerala – 682311

Contact No. : 9074125297  
Languages Known : Malayalam, English, Tamil  
Permanent Address : Same as above

### **PASSPORT DETAILS**

Passport Number : W5088392  
Place of Issue : Cochin  
Date of Issue : 11.11.2022  
Date of Expiry : 10.11.2032

### **ACADEMIC QUALIFICATION**

<b>Year</b>	<b>Name of Institution</b>	<b>Board</b>	<b>Qualifica</b>	<b>Remarks</b>
2016	GHSS Kadayiruppu	Board of Public Examinations Kerala	10 <sup>th</sup>	86%
2018	GHSS Kadayiruppu	Board of Higher Secondary Examination Govt. of Kerala	12 <sup>th</sup>	70%

### **PROFESSIONAL QUALIFICATION**

<b>Sl. No.</b>	<b>Year</b>	<b>Qualification</b>	<b>Awarding Institutions</b>	<b>Remarks</b>
1	2022	B.Sc. Nursing	Vinayaka Missions Annapoorana College of Nursing, Salem	I <sup>st</sup> year –71% 2 <sup>nd</sup> year –70% 3 <sup>rd</sup> year –70% 4 <sup>th</sup> year – 71% <b>Grand Total = 71%</b>

### **SKILLS**

- Monitoring vital signs [Temperature, Pulse, Respiration, Blood pressure]
- Performing all the nursing procedures.
- Monitoring and performing ECG.
- Performing IV Canulation.
- NG Tube insertion.
- Performing urinary catheterization.

- Assisting intubation.
- Assisting the diagnostic procedures.
- Admission ,Discharge and Follow up care to the patients.
- Performing CPR care.

### **STRONG POINTS IN MYSELF**

- Hard working and self motivated.
- Positive attitude.
- Dedicated , honest, confident.
- Good communication skill.

### **CLINICAL EXPERIENCE DURING COURSE:**

As a student, I got the opportunity to work in different areas like medical and surgical wards, pre and post-operative care units, intensive care units, (Medical, surgical, Neonatal, operation Theaters Burns Units Etc.)

### **REGISTRATION:**

- The Tamil Nadu Nurses and Midwives Council, (*Reg No: 257594*)

### **TRAINING EXPERIENCE :**

- Clinically trained as student nurse in Vinayaka Mission's Kirupananda Variyar Medical College and Hospital, Salem.
- Clinically trained as student nurse in VIMS Hospital, Salem.
- Psychiatric training in Manoraksha Mental Hospital, Salem.
- OBG Posting at UPHC, Salem.
- CHN posting at Seeragapadi, Salem.

### **CERTIFICATIONS**

- American Heart Association "Basic Life Support and Advanced Cardiovascular Life Support".

### **DUTIES & RESPONSIBILITIES**

- Maintain the highest possible standard of nursing care at all times.
- Performs professional nursing duties relating to the treatment of welfare of patients, under the supervision of head nurse.

- Foster good patient nurse relationship
- Accompanies attending doctor on ward rounds and implement as required
- Maintain infection control in clinical settings
- Rotate for morning, afternoon and night shifts as prescribed.
- Undergoes preceptorship training receptors newly appointed staffs requires
- Maintain patient's record and patient's privacy and confidentiality
  - Responsible for maintain ward inventories and stocks as per hospital policies.
  - Assists team doctors in procedure like, insertion of central venous line, dressing of operated and other wounds, tracheostomy care, pleural aspiration CPR etc.
  - Communicate with patient's relatives and visitors and explain the nursing care needs of the patients.
  - Maintain cleanliness and safety of the unit
  - Report the progress of patient condition at each shift change over
  - Attend study days, seminars, meetings, &lectures, reports back effectively and disseminates relevant information to supervisors & colleagues.

### **HANDLING ON FOLLOWING EQUIPMENTS**

- Cardiac monitors
- Syringe pump
- Nebulizer
- Suction machine
- Pulse oxymeter
- Oxygen analyzer
- Glucometer
- Laryngoscope
- ECG Machine
- BP apparatus
- Infusion pump

- Ambu bag
- Crash trolley
- Ventilators
- Radiant warmer
- Phototherapy system

### **CASE FAMILIAR WITH**

- ❖ Acute respiratory failure, status asthmatics, chronic obstructive pulmonary disease, Diabetes mellitus, hypertensive crisis, head injury, HIV, liver cirrhosis, Acute pancreatitis, alcoholic liver disease, cholecystitis, poisoning cases.

### **OTHER ACTIVITIES**

- Attending Polio Vaccine Camp at Salem junction.
- Attending 2 months Covid Vaccination Duty at Salem.
- Attending BLS[Basic Life Support] at Gokulam College of Nursing ,Salem.

### **PERSONALREFERENCE**

1. Mrs. U. Palaniyammal  
Associate Professor  
Department of Community Health Nursing  
Vinayaka Mission's Annapoorana College of Nursing, Salem

### **DECLARATION**

I hereby declare that all the details above are true and correct to the best of my knowledge and belief.

Place : Kadamattom

Date :

**RIYA K TOMY**