

CURRICULUM VITAE



JIBINA SCARIA

Puthuppallil (H)
Anakkampoyil (P.O.)
Thiruvambady (Via)
Kozhikode (Dist.)
Kerala, Pin - 673603

Email Id:

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+91 7021562834

Personal Details

Father's Name: Benny Scaria

Mother's Name: Reena Benny

Date of Birth : 22.04.1997

Place of Birth: Thiruvambady

Gender : Female

Nationality : Indian

Religion : Christian, RCSC

Marital Status: Single

Languages Known

✓ Malayalam

✓ English

✓ Hindi

CAREER OBJECTIVE

Dedicated, reliable, skilled, ethical healthcare worker with ability to stay calm and intervene during crisis, facilitate group and educational seminars and collaborate on multidisciplinary terms, looking staff nurse position in a reputed healthcare provider.

EXPERIENCE

Staff Nurse, Lilavati Hospital & Research Centre.

September 2021 – December 2022 Worked as a staff nurse in Medical ICU.

EDUCATION

Secondary Level - CBSE

Board : Central Board of Secondary Examination

Institution : Marian English Medium School, Anakkampoyil

Year : 2013

Marks : 98 %

Secondary Level - PLUS TWO

Board : Board of Higher Secondary Education, Kerala

Institution: St. Joseph's H.S.S., Pullurampara

Year : 2015

Marks : 89.5 %

Graduation level

Bachelor of Science in Nursing (Pursuing)

Institution: Jubilee Mission College of Nursing, Thrissur

University: Kerala University of Health Science, Trissur

Period of Study: 2016-2021

Duration of Course: 4 Years Year of

Completion: July 2021

Marks Obtained

Term	Marks	Division
First Year	66.79 %	First
Second Year	66.37 %	First

EQUIPMENT HANDLED

Nebulizer, Pulse Oximeter, Suction Apparatus, Glucometer, Syringe Pump, Sphygmomanometer, Stethoscope, Thermometer, Cardiac Monitor, Steam Inhaler, Ventilator, Fetoscope, Weighing Machine, Oxygen Cylinder, CTG, FHS, Infusion Pump, De***, Assist During Pre & Postnatal Care and Normal Delivery.

CLINICAL EXPERIENCE DURING THE COURSE

Sl.No.	Year	Name of Institution	Area	Duration
1	1 st Year	Jubilee Mission Medical College, Thrissur	All wards including CSSD Lab & Radiology	6 Months
2	2 nd Year	1. Jubilee Mission Medical College, Thrissur 2. CHC Vellanikara, Thrissur 3. Various PHC	Medical 7 Surgical wards, Various ICU, Casualty, Operation Theatre, Specialty Ward, Pathology Lab & Blood Bank	7 Months 1 Month
3	3 rd Year	1. Jubilee Mission Medical College, Thrissur	Medical & Surgical ICU, Dialysis, Plastic Surgery Unit, Casualty Medical Surgical ward, Oncology ward Chemotherapy Pediatric ICU, Neonatal ICU, Pediatric Surgical ICU, Cleft lip & Palate ward, Pediatric Medicine ward Psychiatric ward & Rehabilitation Centre	4 Months 2 Weeks 2 Months 2 Months
		2. Jubilee Mission Medical College, Thrissur	Research: A study to assess the adequacy of steps followed during the administration of Intramuscular injection in selected areas of JMMC and RI	

4	4 th Year	1. Jubilee Mission Medical College, Thrissur	Obstetrics & Gynecological ward, Operation theatre, Labour Room, NICU	4 Months
		2. Urban & Rural community posting	CHC, PHC and Home visit	2 Months
		3. Jubilee Mission Medical College, Thrissur	Management & Administration of 1 st year, 2 nd year & 3 rd year students	1 Month

WORKSHOP & WEBINAR ATTENDED

- “Disaster Preparedness: Join hands to uplift Mankind”
- International Webinar on “Critical Care Nursing challenges - Role of Critical Care Nurse Practitioners”
- International Webinar on “Mental Health for All: Greater Investment - Greater Access”
- International Webinar on “The use of Noninvasive, contactless Digital Autopsy in postpartum Examination of COVID-19 Death, The United Kingdom Coronal Service Experience”
- National Webinar on “MLHP Initiative for B.Sc Nursing Students”
- National Webinar on “Preparation & Publication of Scholarly Articles”
- National Webinar on “Gender Based Violence during COVID-19”
- National Webinar on “Recognizing & Managing Postpartum Depression”
- National Webinar on “Curriculum Development”
- “Health Infodemic v/s Nursing Informative, Boon or Bane to Nursing Practice”
- Webinar on “Career Opportunity in Nursing”
- Webinar on “Updates in Obstetrical & Gynecological Nursing During COVID-19”

STRENGTHS

- Highly achievement oriented with an ability to develop Effective Strategies
- Strong Leadership Skills with an ability to build and develop result-oriented teams
- Confidence & Hardworking
- Punctuality & Positive attitude
- Optimistic☐

RESEARCH

- A study to assess the adequacy of steps followed during the administration of Intramuscular injection in selected areas of Jubilee Mission Medical College and Research Institute, Trissur
- A study to assess the fall risk among the elderly in selected urban area, Kachery, Thrissur

ACHIEVEMENTS

- Bioethics□
- Forensic Nursing□
- Attended American Heart association - BLS ACLS Programme
- Participation in State level “Group Dance Competition” of SNA in the year 2019
- Participation in various Cultural & Sports Activities

DUTIES AND RESPONSIBILITIES

- Total Nursing care based on Nursing process approach
- Preparation of unit
- Admission and Discharge
- Comprehensive Nursing care
- Receiving & Assessing patient from the ward
- Follow Infection Control Policy
- Maintenance of good Nurse-Patient relationship
- Asses the physical & Neurological condition of patients
- Check the vitals of the patient every hourly along with the date & time.
- Providing Psychological support to minimize patient anxiety
- Maintenance of Input /Output chart
- Collection of Specimen
- Management of Intravenous fluids & ionotrophins
- Administration of Medication in time IM/IV/SC/ID sublingual
- Management of Medical & Surgical emergencies
- Hot & cold Application
- Care of patients with Pre & Post-Operative periods
- Preparation & Administration of Medication & Injection
- Maintenance of Records & Reports
- Personal Hygiene, Nail care & hair care, Bowel & Bladder care
- Care of pressure sore
- Maintenance of Physical, Social, Psychological, Spiritual & Rehabilitative needs of the patient

IN-SERVICE EDUCATION

- Care & Management of MRSA Virus

REFERENCE

1. Mrs. Justy Joy

Assistant Professor, JMCON, Thrissur

Phone No: +91 8086503902

2. Mrs. Nutan Raut

Nurse Officer, ICU

Lilavati Hospital & Research Centre, Bandra,

Mumbai

Phone No: 9820699648

DECLARATION

I hereby declare that the above furnished details are true to the best of my knowledge & belief. I assure that I will discharge my duties, to the best satisfaction of my superiors.

JIBINA SCARIA

Place : Anakkampoyil

Date :