

CURRICULUM VITAE



DELSEY JOSEPH

Mukkadan (H)
Kodinatumkunnu
Thrickodithanam P.o
Changanacherry
kottayam, Kerala
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Personal Details

Father's Name : Joseph Joseph

Mother's Name : Jessy Joseph

Date of Birth : 24/01/1998

Place of Birth : Changanacherry

Gender : Female

Nationality : Indian

Religion : Christian, RC

Marital Status : Single

Languages Known

- Malayalam
- English
- Hindi

CAREER OBJECTIVE

Dedicated, reliable, skilled, ethical health care worker with ability to stay calm and intervene during crisis, facilitate group and educational seminars and collaborate on multidisciplinary terms looking staff nurse position in a reputed health care institution.

EXPERIENCE

Staff Nurse, Lilavati Hospital And Research Centre.
September 2021-December 2022.

Worked as a staff nurse in medical ICU & HDU.

EDUCATION

SSLC

Board : Kerala Board of Public Examination

Institution : St. Joseph's Girls Higher Secondary
School, Changanacherry

% of Mark : 99%

Year : 2014

PLUS TWO

Board : Higher Secondary Level

Institution : St. Joseph's Girls Higher Secondary
School, Changanacherry

% of Mark : 92%

Year : 2016

Bachelors of Science in Nursing

Graduation Level

Institution : Jubilee Mission College of
Nursing, Trissur

University : Kerala University of Health
Science, Trissur

Period of Study : 2016-2021

Duration of Course : 4 Years

Year of Completion : July 2021

MARKS OBTAINED

Year	Mark Obtained	Division
First Year	66.79%	first
Second Year	66.37%	first
Third Year	68.35%	First
Fourth Year	68.25%	First

EQUIPMENT HANDLED

Nebulizer, Pulse oxymeter, Suction apparatus, Glucometer, Syringe Pump, Sphygmomanometer, Stethoscope, Thermometer, Cardiac Monitor, Steam inhaler, Ventilator, Fetoscope, Weighing Machine, Oxygen Cylinder, CTG, FHS, Infusion Pump, Defibrillator, Assist During Pre&Postnatal care and Normal Delivery.

CLINICAL EXPERIENCE

Sl.no.	Year	name of Institution	Area	Duration
1	1 st Year	Jubilee Mission Medical College, Thrissur	all ward including CSSD Lab & Radiology	7 Months
2	2 nd Year	1. Jubilee Mission Medical College, Thrissur 2. CHC Vellanikara, Thrissur 3. various PHC	Medical 7 Surgical Ward, Various ICU, Casualty, Operation Theatre, Speciality Ward, Pathology Lab & Blood Bank	7 Moths
3	3 rd Year	1. Jubilee Mission College, 2. Amala Medical College, Thrissur 3. Jubilee Mission Medical College, Thrissur 4. Jubilee Mission Medical College, Thrissur	Medical & Surgical ICU, Dialysis, Burns, Plastic ward Chemoteraphy Radiation therapy psychiatric ward & Rehabilitation Centre Research : A study Assess The effectiveness of structural teaching programme on level of knowledge & practice on Domestic chlorination of well among home makers of selected urban community in kachera, Thrissur	4 Months + 2 weeks 1 day 2 months
4	4 th Year	1. Jubilee Mission Medical College, Thrissur 2. Urban & Rural community Posting 3. Jubilee Mission Medical College, Thrissur	Obstetrics & Gynaecological Ward, Operation Theatre, Labour Room, NICU CHC, PHC & Home Visit Management & Administration of 1 st Year, 2 nd Year, & 3 rd Year Students	5 Months 2 Months 1 month

WORKSHOP & WEBINAR ATTENDED

- “Disaster Preparedness : Join hands to uplift Mankind”
- “Health infodemic v/s Nursing informative, Boon or Bane to Nursing Practice”
- International Webinar on “critical care Nursing challenges Role of critical care Nurse Prationers”
- international webinar on “Mental Health for All: Greater Investment-Greater Access”
- Webinar on “career opportunity in Nursing”
- National webinar on “MLHP Initiative for Bsc Nursing students”
- National webinar on “Preparation & Publication of scholarly articles”
- National webinar on “Gender Based Violence during Covid-19”
- National webinar on “Recognizing & managing post partum depression”
- International webinar on “The use of Noninvasve contact less Digital Autopsy in postpartum Examination of Covid-19 Death, The United Kingdom Coronal Service Experience”

STRENGTHS

- Highly achievement oriented with an ability to develop effective strategies
- Strong leadership skills with an ability to build, develop and result oriented teams
- Confidence & Hardworking
- Punctuality & Positive attitude
- Optimistic

ACHIEVEMENTS

- Bioethics
- Forensic Nursing
- attended american Heart association – BLS-ACLS program
- Member of SNA as Vice Captain in the year 2016-2017
- Member of SNA as program co-ordinator in the year 2019—2020
- Participation in various cultural & sports activities in zonal level & college level

DUTIES AND RESPONSIBILITIES

- Total Nursing care based on Nursing process approach
- Preparation of unit
- Admission and Discharge
- Comphrensive Nursing care
- Receiving & Assessing patient from the ward
- Follow infection control policy
- Maintenance of good Nurse-Patient relationship
- Asses the physical & Neurological condition of patients
- Check the vitals of the patient every hourly along with the date & time.
- Providing Psychological support to minimize patient anxiety
- Maintenance of Input /Output chart

- Collection of Specimen
- Management of Intravenous fluids & inotropins
- Administration of Medication in time IM/IV/SC/ID sublingual
- Management of Medical & Surgical emergencies
- Hot & cold Application
- Care of patients with Pre & Post operative periods
- Preparation & Administration of Medication & Injection
- Maintenance of Records & Reports
- Personal Hygiene, Nail care & hair care, Bowel & Bladder care
- Care of pressure sore
- Maintenance of Physical, Social, Psychological, Spiritual & Rehabilitative needs of the patient

IN-SERVICE EDUCATION

Care & Management of NIPAH Viruse

REFERENCE

Neethu Jose
Assistant Professor JMCON, Thrissur
Phone No: +91 9387443897

Miss Susmitha Tawde
Nurse Officer, Lilavati Hospital Mumbai.
Phone No: +91 9969363514

DECLARATION

I hereby declare that the above furnished details are true to the best of my knowledge & belief. I assure that I will discharge my duties, to the best satisfaction of my superiors.

Place: Changanacherry

Date: 28/12/2022

DELSEY JOSEPH