

CURRICULUM VITAE



Aneesh.P.S.

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Career Objective

Seeking an opportunity to work in your esteemed organization and to contribute to your organization's success through the use of Social Work Principles, Values, Skills and Ethics and to be a successful person in the horizon of Social Work with Positive attitude, confidence, ability and willingness to suit any situation.

Professional Qualification

DEGREE	INSTITUTION	UNIVERSITY
PhD in Social Work	Bharathiar University	Bharathiar University (Doing)
Mphil in Social Work	PMU	PMU Thanjavoor
M.S.W.	SANTHIGIRI COLLEGE, VAZHITHALA, THODUPUZHA	M.G UNIVERSITY
BCOM WITH COMPUTER APPLICATION	SANTHIGIRI COLLEGE, VAZHITHALA, THODUPUZHA	M.G UNIVERSITY

XII	ST. SEBASTIAN'S H.S.S. VAZHITHALA	BOARD OF HIGHER SECONDARY EXAMINATION KERALA
X	GOVERNMENT HIGHER SECONDARY SCHOOL PALAKUZHA	BOARD OF PUBLIC EXAMINATION KERALA.

Area of Specialization

- **Medical and Psychiatric Social Work**

Dissertation Topic

- A STUDY ON THE ATTITUDE OF DIFFERENTLY ABLED CHILDREN TOWARDS HIGHER EDUCATION(MSW)
- A study on Psycho Social Problems of Physically Challenged people(MPhil)

Experience

- Two years and seven months experience in a De Addiction Centre named Navajeevakendram Malayalapurza in pathanamthitta district
- Role description: Counselor, Programme Organizer, Office Works, Public Relation Officer.
- One year and seven month experience in Kerala State AIDS Control Society's project in idukki district
- Role description: Counselor, Programme Organizer, Office Works, Public Relation Officer.
- One year and three months experience in GENERAL HOSPITAL PALA as a psychiatric social worker .
- Role description:*Perform Intakes and Evaluations.*
- *Formulate Treatment Plans, Assess each patient's unique condition.*
- *Combining data from medical diagnoses, personal interviews and professional knowledge to establish accurate picture of overall mental and emotional health*
- Develop comprehensive plans to help patients adjust to medical diagnoses, including recommending support groups and lifestyle changes, and helping patients transition from hospital care to personal health care management
- Provide necessary support for each patient according to health status, personal strengths and weaknesses, emotional state and additional factors

- Research local support groups and other resources to determine which ones are right for individual patients, taking into account eligibility requirements and treatment methodologies
- Evaluate services and resources provided to patients to determine effectiveness, and modify treatment plan and recommendations as necessary
- Follow up with patients throughout diagnosis, treatment and recovery to determine current state of mental and emotional health, provide required support and create relevant recommendations for changes to lifestyle and diet
- Maintain current knowledge of local resources and relevant medical research to provide best possible recommendation to patients
- **Now I am working as a psychiatric social worker in Mar Sleeva Medicity Hospital Palai for the last three years.**
- Role description: Providing Counseling services in different departments like : Psychiatry, Oncology, Nephrolog, Gastroenterology, Endocrinology etc... Counseling is an integral element of Oncology treatment. Diagnosis of Cancer is devastating for patients as well as for families. Patients have a whole plethora of queries in their minds pertaining to their diagnosis, treatment , follow-ups and survival, changes in their life, their life with and after cancer, their relationship with their spouse, children, work relationships, finances etc. Patients do speak to their doctors as well as Nurses, but someone who can understand each phase they are going through is a Counsellor. Public relation officer in psychiatry department.

Skills

- Counseling
- Report Writing and Documentation
- Teaching skill
- Networking and Liaison
- Negotiating
- Organizing Training Programmes

Linguistic Fluency

English, Malayalam, Tamil

Attributes

- Punctuality
- Empathic
- Creative
- Responsible
- Hard Working
- Determined
- Sincere and Loyal

Computer Skills

M.S. Office,HTML,Adobe Photo Shop 6.0,Tally, Internet

Personal Particulars

- Date of Birth : 18-02-1988
- Sex : male
- Marital Status : Married
- Religion : Hindu
- Languages Known : English, Malayalam,Tamil
- Nationality : India

REFERENCE:

- 1. REV FR. PAUL PAREKATTIL**
C.M.I, PRINCIPAL, SANTHIGIRI COLLEGE, THODUPUZHA,
IDUKKI. PH: 9446212911
- 2. Mrs. Dr.INDU JITHESH**
Psychiatrist (Mar Sleeva Medicity Palai)
PH:8156900359
- 3. Mrs Dr. Richa Benny**
Mar Sleeva Medicity Palai
PH:9400782042

4. Mrs. Dr.Nathalia Elizabeth Chacko

Psychiatrist Kims Kottayam

PH: 9495190649

5. Dr.Anoopa Benny

Psychiatrist Santhula Trust Hospital Koothattukulam

PH: 9497326308

Declaration

I here by declare that all the above statements made are true to the best of my knowledge and belief. I am confident of being able to work independently as well as in group. I feel that my determination, motivation, ability to analyze problems logically and willingness to work hard will stand with me in good stead in your organization. I hope to fit with your idea of recruiting. The entire edifice of my career is built on the appointment at your concern.

Place :Vazhithala

Date:30/12/2022

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