ASWATHY SHAJI

CURRICULAM VITAEE



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Carrier objective

To achieve success and knowledge in Modern Health Care field and strive hard for career development there by benefiting the institution and patients and serve to the best of my ability.

PERSONAL DETAILS

Father's Name : K Shaji

Date of Birth : 21th May 1995

Marital Status : Married

Religion : Hindu

Permanent Addresses : Puthuval House

N.T. Ward

Avalookunnu P O

Alappuzha Pin 688006

EDUCATION QUALIFICATION

- SSLC from St Michaels HS Thathampally in 2011
- Plus |Two from Govt.HSS Aryad in 2013

PROFESSIONAL QUALIFICATION

Bsc Nursing from Sree Sudheendra College of Nursing, Ambalanedu,

Ernakulam, Kerala in 2017

PROFESSIONAL REGISTRATION

Kerala Nursing Council Registration : KL03201801454

Date of registration : 03/02/2018

WORK EXPERIENCE

Name : Fortis Hospital, shalimarbagh, New Delhi

Job Position : Staff Nurse

Date of Joining : 25/April.2018 till 13/June/2020

Area of Experience : Ward

PROFESSIONAL ACTIVITY

- Well –versed with the software validation and processing techniques
- Technically qualified with the latest computer operating versions and Microsoft Applications.

EQUIPMENTS USED

- Pulse Oxymeter
- Glucometer
- Suction Apparatus
- Cardiac Monitor
- Oxygen Cylinder & Tubing's
- Nebulizer
- CG Machine
- Ambu Bag
- Infusion Pump
- Syringe pump
- Crash Cart
- DVT Pump
- Cryotherapy

CURRENT JOB PROFILE

- Meeting with patients to discuss their health concern, complete family and medical history and update or create medical charts and information.
- Assisting the treating physician with completing the examination, treatment or other procedure
- Monitoring vital signs
- Preparing patients for bone & joint replacement surgeries
- Checking patients file for consent, site of operation
- Patient and family education
- Provide psychological support
- Confidentially
- Maintains of records and reports
- Confidentiality
- Maintains of records and reports
- Comforting and supporting patients and family during medical procedures
- Working as part of the patient's treatment or care team to ensure high quality medical services and support.
- Assisting patients ambulation & Physiotherapy
- Explaining about home care management and follow up

B RESPONSIBILITIES

- Preparing for receiving clients from different unit routine admission
- Monitoring vitals parameters and clients with respiratory arrest, cardiac arrest, arrhythmias, cyanotic spells cardiac failure.
- Nursing care of clients with central and peripheral line (Arterial and Venous), clients requiring blood transfusion, Thoracentesis Pericardiac Tapping.
- Preparing the clients for angiography, cardiac catheterization and different surgical procedures shifting from ward to operation theatre / different units.
- Efficient in cardiac pulmonary resuscitation (CPR)
- Evaluating and modifying the plan of care based on observable responses by the client and the attainment of the client goals.
- Monitoring the arterial blood gas analysis
- Preparation and administration of medication, injections and intravenous infusion of blood and blood products.
- Preparing and assisting for inserting central lines, suturing and suture removal, pacing wire removal, pleural tapping, rhyles tube insertion, wound dressing and catheterization etc.
- Provide physical & psychological support to each patient & family.
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- Attending personal hygiene of the clients
- Care of pre & post operation
- Preparing the clients for various investigation like PFT,TEF, MRI/CT scan, Echo, Credit Doppler, Bronchoscopy, Ultrasonography and Endoscopy.
- aintaining intake & Output
- Recording and reporting

TECHNICAL NURISNG SKILLS

Practical Excellent

IV Cannulation, Oxygen Administration, sampling, Defibrillating, Cardio Version, intubation, Suctioning, Management of Ventilator, Endo Tracheal intubation, Pre- operative Management, Neurological Assessment, Cardiac Pulmonary Resuscitation, Chest tube insertion, basic reading of ECG, Temporary pace Maker implantation, Monitoring, Cauterization.

PERSONAL STRENGTH

- Willingness to learn
- Good organization skills
- Team Worker
- Good verbal and communication skills

OTHERS RESPONSIBILITIES

- Make round without going shift and receive details about patients and post-operative patients. IV procedures and treatment to be done extra.
- Check patients with oxygen inhalation, cardiac monitoring and retained catheters.
- Classify charts according to service and tidy the nurse's station
- Responsible in given nursing according to their needs which include the following.
- Giving of bath and keeping the patients unit clean and tidy especially
 those who are ridden having incontinence problems, Giving special
 attention to be the post-operative psychosis and elderly patients with
 dementia problems.
- Giving correct medication and treatment to patients.
- Check if medicine are enough for the nest shift and make necessary requisition to the patients.
- Carrying out of doctor's order
- Assisting the doctor's order.
- Assisting the doctor in some procedure as dressing of wounds, supervise nursing auxiliary in dressing wounds aseptically.
- Supervise the attendants in administration of treatments allowed to be done by them and check result in satisfactory.
- Make frequent rounds to all patients and observe their condition refer any usual ties to the attending physician.
- Answer all patients call promptly and courteously
- Giving health talks to patients.
- Duties and responsibilities in connection with admission of patients.
- Supervise and help attendance prepare empty beds for any admission of patients.
- Check if patient's bedside table is a equipped with drinking.