

Alkasath P N



Contact

Address:

Ponnayath House, Palluruthy,
Kochi , Kerala

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Skills

- Patient Care
- Clinical Experience
- Patient Direction
- Treatment Planning
- Confidence
- Empathy

Personal Details

Date of birth : 06.10.1993

Marital status : Married

Languages : English, Malayalam

Summary

I am a highly organised, professional and self motivated dietician with a great passion for nutrition and people's well being. I have been working in the hospital industry for more than 1 year with my most recent experience as dietician in General Hospital, Ernakulam.

Professional Experience

Dietician - 03/2022 to Present

General Hospital, Ernakulam, Kerala

- Producing clear and concise plans for patients based on their specific dietary needs and requirements.
- Producing nutrition plans for managing chronic and life threatening disease.
- Producing health advise to pregnant and breastfeeding women.
- Working with variety of teams including the hospital catering service with regards to the needs of the patients.

Internship and Dietician Trainee - 07/2021 to 12/2021

Indira Gandhi Co-operative Hospital, Ernakulam, Kerala

Education

Master of Science: **Dietetics and Food service Management** –
June 2021

IGNOU, New Delhi

Certifications

Certificate In Nutrition and Child Care – June 2017

IGNOU, New Delhi

Life Time membership

Indian Dietetic Association, Kerala Chapter

Academic Merit

Certificate of appreciation from Cultural Heritage and Tourism Society, Kochi for giving lecture on the importance of Breast Feeding.