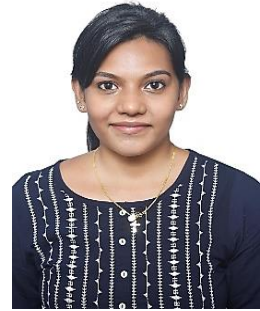


Dr. CHIRAMAL STEPHIYA DAVIS (PT)

Email id- stephi.davis96@gmail.com

Mobile no- 8095475769



Personal Summary

A highly motivated, confident individual with exceptional multi-tasking and organizational skills. Able to communicate effectively with patients and cares to maximize the rehabilitation of patients and to ensure understanding of complex clinical issues impacting on recovery. Excellent client facing skills and ability to work closely with other health care professionals to assess a patient needs and develop suitable treatment plan. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

Work Experience

Sanjay Gandhi Institute of Trauma & Orthopaedic, Bengaluru

Internship | 1 Month

HCG Cancer Hospital, Bengaluru

Internship | 1 Month

- Handled cancer patients
- Assisted ICU, IPD Patients

Alva's College of Physiotherapy & Research Centre, Mangalore

Compulsory Internship | 6 Months

- Handled Musculoskeletal and orthopaedic related problem.
- Designed Safe and effective physical therapy treatment plans.

Elite mission Multi specialty Hospital, Thrissur

Observational Posting | 3 Month

- Handled Musculoskeletal and orthopaedic related problem.
- Designed Safe and effective physical therapy treatment plans.

Ashwini Hospital Limited, Thrissur

Observational Physiotherapist | 1 Month

- Worked in Musculoskeletal and sports physiotherapy Department.
- Worked in Neurology Department.
- Assisted ICU, IPD, patients.

Workshops & Conferences Attended

- Attended a conference - Physiocon 2018 organized by South Canara Physiotherapy Teachers' Association, 2018.
- Attended a workshop on – "Scope of design intervention in music and special needs" (8 hrs.) conducted by Alva's College of Physiotherapy, 2018.
- Attended one day workshop on "Fitness Training"
- Attended 2- day workshop on- "Introduction to Kettlebell Training" by Vishwas Jamadagni.
- Attended one day workshop on "Physiotherapy Role in Interpreting Chest Xray and ECG, Chest physiotherapy in ICU and cardio-pulmonary Rehabilitation" (Credited Hours – 07)
- Attended two days Conference - NITTE PHYSIO PANACEA 2022 - International Physiotherapy Conference, Mangalore that included a scientific paper presentation.

Dissertation/Publications

UG- "Impact of Worksite Wellness Programs on Health-Related Outcomes in White Collar Workers"- A narrative review. (2021)

PG- "A Study on Effectiveness of Shoulder Symptom Modification Procedure on Pain and Kinesiophobia in Shoulder Pain Conditions"- A single blinded Quasi experimental Study.

To be Published

"Does Scapular Dyskinesia Really Matter?" A Narrative review (Manuscript Submitted in RGUHS)

"Rotator cuff related shoulder pain: Where is the pain coming from?" A Narrative review

Courses & Certifications

London Shoulder Clinic Certified Practitioner (LSCCP)

2022

Certified in Dry needling (Level 1)

2021

Educational Qualification

Masters of Physiotherapy in Musculoskeletal & Sports Physiotherapy (Secured 73%)

R.V. College of Physiotherapy| Under Rajiv Gandhi University of Health Sciences | 2020-2022

Bachelor of Physiotherapy (Secured 72%)

Alva's College of Physiotherapy | Under Rajiv Gandhi University of Health Sciences | 2015-2019

Higher Secondary School Certificate (Secured 72%)

Maharashtra State Board of Secondary & Higher Secondary Education | 2012-2014

Secondary School Certificate (Secured 89%)

Maharashtra State Board of Secondary & Higher Secondary Education | 2012-2014

Personal Details

Father's Name: Mr.C.A. Davis

Date of birth: 30/05/1996

Nationality: Indian

Marital Status: Unmarried

Languages Known: English, Malayalam, Hindi, Marathi, Kannada

Permanent Address: Chiramal House, Trikkur-Palliyara, Thrissur. Kerala: 680306.

Declaration

I hereby declare that the above information is true and correct to the best of my knowledge.

Place: Bangalore

Date:

Chiramal Stephiya Davis