**SHEBA S THOMAS** KERALA,INDIA

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Email: shebasthomas00@gmail.com

## Bachelor of Science in Nursing – 2021

India Licensed Registered Nurse studied in Manipal College of

Nursing, Manipal, P.O. Box: 7, Manipal, Karnataka-576104, State- Karnataka, India - Reg. No-118224

### *OBJECTIVES:*

To achieve a challenging position in a progressive environment that utilizes my professional and communication skill and provides ample opportunities for growth.

# *PROFESSIONAL EXPERIENCE:*

KASTURBA HOSPITAL (KH), P.O Box: 7, Manipal, India .

### *(NABH Accredited, ISO 9001:2008 certified) (2050 Bed strength)*

Performed clinical duties in various subjects:

* Fundamentals of nursing:450 hours
* Medical surgical nursing(adult including geriatrics)-1:720 hours
* Community health nursing-1:135 hours
* Medical surgical nursing(adult including geriatrics)-2:270 hours
* Child health nursing:270 hours
* Mental health nursing:270 hours
* Nursing research and statitics:45 hours
* Geriatric Nursing:40 hours
* Midwifery and obstetrical nursing:180 hours
* Community health nursing-2:135 hours Integrated practice(internship)
* Midwifery and obstetrical nursing:180 hours
* Community health nursing-2:195 hours
* Medical surgical nursing(adult including geriatric):430 hours
* Child health nursing:145 hours
* Mental health nursing:95 hours

### *DUTIES PERFORM:*

* Assessment, planning, intervention, implementation & evaluation
* Observing change in client’s condition, recording & reporting to the concerned authority and taking necessary action immediately.
* Early identification and prevention of complications..
* Maintaining effective gas exchange and tissue perfusion.
* Maintaining normal fluid electrolyte & acid base imbalance.
* Maintaining all infection control measures.
* Maintaining clean and safe environment for the patients.
* Maintaining high standard in preparation, calculation, cross-checking and administration of medication as per order.
* Giving health education to the Clients
* Keeping the unit clean and tidy and care of all equipments of patient unit.
* Preparing articles and patients for medical, surgical or nursing procedures.
* Assisting doctors in various medical and surgical procedures.
* Continuous cardiac monitoring and monitoring vital signs.
* Ward management, co-operation and co-ordination with other co-workers.
* Assist with management of acute emergencies like cardiac and respiratory arrest and carrying life saving procedures like cardio pulmonary Resuscitation, Defibrillation and cardio version. • Assist in procedures like Bronchoscopy, CVP insertions, Arterial Line insertion.

# *EDUCATIONAL QUALIFICATION:*

## Professional: B Sc. Nursing from Manipal Academy Of Higher Education, Karnataka

***Institution:*** Manipal College of Nursing, MANIPAL ACADEMY OF HIGHER EDUCATION Karnataka (State), India. Year of 2018-2022.

**(Reg. No.180501040**).

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| --- | --- | --- |
| ***Year*** | ***Institution*** | ***Percentage of marks*** |
| First year | Manipal College of Nursing, Manipal Academy of Higher Education, Manipal | **72%** |
| Second year | **74%** |
| Third year | **74%** |
| Fourth year |  72% |
| **Consolidated** |  72% |

**Registration Details:**

1. **Karnataka Nursing Council.**

**Registration number: 130181**

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| --- | --- | --- | --- | --- |
| ***Qualification*** | ***Board*** | ***Year of passing*** | ***Percentage of Marks*** | ***Score*** |
| **PUC (XII)**(Reg. No- 4805995) | CBSE | 2018 | 69.00% | Pass |
| **SSLC (X)**(Reg. No-6105464) | ICSE | 2016 | 78.00% | Pass |

### *PERSONAL PROFILE:*

Date of Birth : 17th March ,2000

Sex : Female

Marital Status : Unmarried

Fathers Name : Samkutty Thomas

Mothers Name : Rosamma Samkutty Nationality : Indian

Languages Known : English, Malayalam, Kannada.

### *PASSPORT DETAILS:*

Passport Number : S1904488

Place of Issue : TRIVANDRUM

Date of Issue : 02/07/2018

Date of Expiry : 01/07/2028

 Dr Anjalin D'souza- Manipal College ofNursing

Assistant Professor

Department of Child Health Nursing

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 Mrs Pratibha - Manipal College of Nursing

Assistant Professor

Department of Obstetrical and Gynaecological Nursing

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+91 99640 25177

***DECLARATION***

I declare that the information furnished above is true and correct to the best of my knowledge and belief.

**SHEBA S THOMAS**

**KERALA**

***Date: 02/07/2022***