Respiratory Therapy

Female, 28 years

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😝 B.Sc. Respiratory Therapy

December 22, 2022

Esteemed Recipient Medical Trust Hospital Cochin, Kerala

RE: Seeking the role of Trainee in Respiratory Therapy for a 6 - 12 month tenure, followed by gainful employment

Dear Sir / Madam,

Having recently graduated in 2022 with a B.Sc. in Respiratory Therapy from Our Lady of Fatima University in the Philippines, I am writing to express my interest in joining your esteemed institution as a Trainee in Respiratory Therapy for a tenure of 6 - 12 months, with the hope of attaining gainful employment post training/probationary period.

With a novice yet thorough understanding of the respiratory system and a strong foundation in the basic principles, concepts and various practical aspects of respiratory therapy acquired from my formal education, I am now excited to begin my career and contribute positively to your organisation, society and the growing medical community of respiratory care & its relevance in India. While my lack of extensive practical exposure in the domain as a fresher may be less than ideal for a potential employer, should I be given the opportunity along with appropriate training and exposure, I am confident that I can excel well and become an asset for your organization within a short period of time; primarily because one of my strong suits is my ability to not shy away from any kind of learning curve.

I am independently motivated, yet I appreciate team efforts and collaborate productively within groups. Throughout my formal education, I have developed and bolstered relevant hard skills and excellent soft skills such as time-management, adaptability, attention to detail, self-evaluation & correction, patience, interpersonal relationship building, observational skills, adversity management and critical thinking. Additionally, I am an inherently compassionate person with an uncompromising work ethic, which allows me to be a better medical professional in various aspects of medical care. I am highly career-oriented, with specific short-term and long-term goals to further augment and bolster my professional, educational & knowledge-oriented goals which I have detailed in my attached resume. All of this would help me add more value to your organization in the long run.

To demonstrate the scope of my professional & personal competencies, please take a moment to review my attached resume. I appreciate your evaluation of my credentials and subsequent response. Looking forward to hearing from you soon,

Thanking You & Sincerely, Jaicy Marian Valliara

**Respiratory Therapy** 

# Short-term & Long-term Professional Goals

- ◆ Acquire relevant certifications such as BLS, CPR, ACLS, PALS, NRP, ECMO, etc including licensed respiratory therapist status in India from IARC and complete a relevant Fellowship, such as FARC-ACC from IARC-ISCCM, within the next 2 years
- ◆ Improve and gain practical & theoretical knowledge in hard-skills across various disciplines within Respiratory Therapy; improve various soft-skills such as Adversity Management, Problem-solving, Critical Thinking, Leadership, etc
- ◆ Acquire a relevant post graduate degree within the next 5 - 10 years and/or specialize in neonatal/pediatric respiratory care
- Acquire North American RRT status within the next couple of decades
- ◆ Contribute positively to society, nation and the growing medical community of Respiratory Care and its relevance in India

#### Language Proficiency

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- ◆ Malayalam (Native)
- ♦ English
- ♦ Hindi

#### Interests & Hobbies

Science, Technology, Music | Reading, Cooking, Sewing, Driving

#### Sports & Games

Taekwondo, Badminton, Table Tennis | Caroms, Chess, Cards



An aspiring respiratory therapist and freshly graduated in 2022, I am seeking a full-time trainee position in Respiratory Therapy for a tenure of 6-12 months, hopefully followed by gainful employment, at an esteemed institution where I can bolster and augment my professional skills and gain invaluable experience to achieve my professional goals and positively contribute to the growth of the organization. With a novice yet thorough understanding of my expected job roles and necessary skills acquired from my education, and an excellent ability and eagerness to learn more, I am confident that I can add immense value to the organisation in the long run.



#### Work Experience -

2022 - ...

Trainee (should the opportunity be given)
At your esteemed institution
India



### Educational Qualification

2010 - 2011

Matriculation: 10th Grade

Overall Percentage: 62.5%

Gandhi Memorial International School Iakarta - Indonesia

 Main Subjects: English, Hindi. Mathematics, Physics, Chemistry, Biology, Geography, Information & Communication Technology

2012 - 2013

Higher Secondary: 11th & 12th Grade

12th Boards Overall Percentage: 70.6%

Gandhi Memorial International School Jakarta - Indonesia

- Gandhi Memorial International School is affiliated to Board of Secondary Education Indian Schools Indonesia, which is equivalent to CBSE India and is recognized by Association of Indian Universities (AIU)
- My subjects in 11<sup>th</sup> & 12<sup>th</sup>: English, Hindi, Mathematics, Physics, Chemistry, Biology

**Respiratory Therapy** 

#### Hard Skills

- ◆ Cardiopulmonary Resuscitation
- ◆ Mechanical Ventilators
- ♦ Administering drugs to lungs
- ◆ Monitoring Cardiopulmonary Status
- ◆ Clerical Support and Data Entry
- ◆ Measuring Lung Function
- ◆ Patient & Family Advocacy
- ◆ Dosage Calculation

- ♦ Biochemistry & Medication
- ♦ Diagnostic Tools & Tests
- ◆ Physical Assessment
- ◆ Professional Bedside Manner
- ◆ Clinical Judgement
- Ear, Nose & Throat care
- ◆ Tracheostomy Management
- ◆ Respiratory Equipment Setup
- Outpatient care
- ◆ Math Skill
- ◆ Anatomy & General Medicine

Anatomy & General Medicing

♦ Wound Debridement

#### 2022

#### **Bachelor of Science in Respiratory Therapy**

Overall GPA: 2.0 / 5.0 (86% - 88%)

Our Lady of Fatima University (OLFU) Manila - Philippines

- Established since 1973 and ISO 9001:2008 University-wide certified since 2012, OLFU is currently ranked 34 in the Philippines and 8086 in World University QS Ranking. The institution provides educational services spanning from High School to Post Graduate and/or PhD across a vast array of academic & research disciplines; and professional courses through its 6 campuses in the country
- Accredited by Philippines' relevant govt. educational bodies including CHED, the University was given deregulated status in 2003 and has been maintaining autonomous/deemed status since 2009. OLFU's College of Medicine is also accredited by New York State Department and WHO; and is listed in ECFMG, FAIMER, etc.
- A matured teaching University since 2009 as per Category A(t) certification by CHED Philippines, the University specializes in Medical disciplines such as Nursing, Doctor of Medicine (MD), Physical Therapy, Respiratory Therapy, etc. OLFU has their own 150+ bed multi-speciality tertiary hospital (Fatima University Medical Center) along with 20+ affiliations with local hospitals including government hospitals & 3 hospitals in U.S. for clinical rotations/clerkship
- Bachelor of Science in Respiratory Therapy is a 4 year course in OLFU. More than 5000 Indian Students have graduated from OLFU over the past 2 decades across multiple academic disciplines, mainly Doctor of Medicine.

### Certifications & Other Qualifications -

2023 - ...

#### Relevant Certifications & Indian RRT status

- Acquire certifications such as BLS, CPR, ACLS, PALS, NRP, ECMO, etc
- Gain registered / licensed respiratory therapist status from IARC in India
- Complete Fellowship (FARC-ACC) by IARC & ISCCM, India

Jul 18 - 19, 2019

# 15<sup>th</sup> ARCPP General Assembly & Annual Conference

Association of Respiratory Care Practitioners (ARCPP), Philippines

Attended & participated in conference & workshop; with participation certification

Respiratory Therapy

#### Soft Skills

- ◆ Compassion
- ◆ Patience
- ◆ Fast Learner
- ◆ Interpersonal Relationship
- ♦ Adversity Management
- ♦ Quantitative & Analytical Ability
- ♦ Problem-solving
- ♦ Written Communication
- ◆ Oral Communication
- ◆ Leadership

- ◆ Attention to detail
- ◆ Adaptability
- ◆ Critical Thinking
- <u>◆ Tim</u>e Management
- ◆ Self-evaluation & correction
- ♦ Work Ethic
- ◆ Personal Hygiene & Grooming



**2013** (Extracurricular)

Black Belt Dan 1 Taekwondo

Certification & License - DAN 1

Kukkiwon (World Taekwondo Headquarters), Govt. of South Korea