

# ANJANA BABY



## CONTACT

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🏠 03.01.1999

## OBJECTIVE

As an MSW post graduate, I am seeking a role as a social worker, which allows me to continue learning and perfecting my skills to work in a setting which encourages me to succeed and grow professionally where I can utilise my skills and knowledge appropriately.

## SKILLS

- Personal Skills

Communication skill  
Leadership Skill  
Problem Solving Skill  
Listening Skill  
Team Work  
Flexibility and Adaptability  
Quick Learner  
Punctuality

Professional skills

Patient-centred care  
Empathetic  
Psycho-social assessments  
Multidisciplinary teamwork  
Psychiatric disorders knowledge  
Palliative care  
Solution-focused techniques  
Behaviour pattern recognition  
Counselling

## EXPERIENCE

### Sir Ganga Ram Hospital, New Delhi

Social Work Intern

2022 Sept 1st -  
2022 Sept 30th

- Managed patient caseload, including social work assessments, crisis intervention and care planning.
- Set up family meetings with guidance from physicians.
- Coordinated care for medically-complex patients experiencing barriers to obtaining social services.
- Presented clients with alternative approaches to resolving identified problems using positive coping skills and methods.
- Partnered with social service agencies and healthcare providers on individual client plans.

### SH HOSPITAL, PAYNKULAM

Social Work Intern

2022 Oct 1st -  
2022 Oct 31st

- Interviewed patients and patients' relatives to compile detailed social and psychiatric information.
- Worked with severely mentally ill adults, homeless.
- Assisted the social workers for individual and group therapy sessions per week.
- Conducted individual and family interviews to assess situations and determine situations required.
- Evaluated patient behaviour, moods and other responses to determine correct diagnosis.
- Maintained thorough case history records and wrote detailed reports outlining observations and diagnoses.

### Peermade Development Society, Peermade

Social Work Intern

2021 Oct 1st -  
2021 Oct 31st

- Enhanced working relationships by participating in team-building activities.
- Prepared range of written communications, documents and reports.
- Developed team communications and information for meetings.

### K.C.B.C Telecounselling

Member of Counselling

During the period of Covid 19 pandemic.

## EDUCATION

### Integrated centre for Counselling and Psychotherapy (ICCP), Malappuram

1 Year certificate course for Counselling and Psychotherapy  
B grade

2022

### K.E College, Mannanam

Master's in Social Work (Medical and Psychiatric Social Work)  
Just Completed

2020-2022

## REFERENCE

- **Dr.Elizabeth Alexander - HOD ,  
Department of Social Work**  
K.E College,Mannanam  
elsu16@gmail.com  
9605608038

## INTERESTS

- Dancing  
Writing  
Listening Music

## LANGUAGE

- ✓ English  
Malayalam

### **St.Joseph's College, Moolamattam**

**2017-2020**

B.A English Language and Literature (Vocational Copy  
Editing)  
62%

### **St.Antony's Hss, Plassanal**

**2015-2017**

Higher Secondary Education  
70%

## PROJECTS

### **'A study on the Alcohol use and it's impact on academics and families of adolescents'**

As a part of post graduation the project completed within the academic  
year 2020-2022

## ACHIEVEMENTS & AWARDS

- ✓ • Coordinator of ASWEM (Association of Social Workers Elias  
Mannanam)
- Coordinated various other Activities including day observations.
- Got opportunity to conduct classes as a resource person in different  
settings.
  
- Won best student social worker award in the academic year 2017-  
2018.
- Member of National Service Scheme(NSS)
- Coordinator of NSS
- Member and coordinator of Students Initiative in Palliative Care(SIPC)