

# ALFIYA P SHAMS

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Puthuparambil(H), Kannimala P.O, Kottayam, Kerala-686509

Nationality: Indian

Birthday: 03/04/1999

Marital Status: Single

## CAREER OBJECTIVE

To accomplish and fulfil my desire to be happy in an environment that will help me grow and give me a chance to improve and use my skills for the organization's overall benefit.

## EDUCATIONAL QUALIFICATION

QUALIFICATION	INSTITUTIONS	UNIVERSITY/ BOARD	YEAR OF PASSING	%
Master of Social Work	KE College, Mannanam, Kerala	Mahatma Gandhi University	2022	
B.Sc Botany	St George's College, Aruvithura, Kerala	Mahatma Gandhi University	2020	8.21
CLASS XII	St Marys GHSS, Kanjirapally, Kerala	Kerala State Board	2017	83.5
CLASS X	Nirmala Public School, Erumely, Kerala	CBSE	2015	9.0

## ADDITIONAL QUALIFICATION

Completed one year certificate course on Counselling & Psychotherapy by IICP Malappuram.

## FIELDWORK EXPERIENCE

### Madras Medical Mission Hospital, Chennai

Completed training on 300 bedded hospital providing pre & post-operative counselling to patients, and critical assessments conducted for the financially weak, providing information while offering psychological support and care to patients and families.

### Assumption Psychiatric Hospital, Sulthan Bathery, Wayanad

Completed training in a Psychiatric Hospital acquiring training in all aspects of Psychiatric Social Work viz detailed case history taking, case study, group study, Mental status examination, organization study, and practice in counselling.

### Travancore Foundation Karukachal

Completed training in a geriatric setting acquiring training. Coordinated the care of older residents, and conduct intake assessments to determine clients' mental, emotional and social needs. Work with the interdisciplinary team to develop and regularly update the client's treatment plan. Provided recreational activities and awareness classes for clients. Also conducted surveys and group work among caretakers of the residents.

### Tele counselling

Served in COVID-19 community counselling support team as part of "Ottakkalla Koodeyund Kottayam Program" a joint initiative of Local Self Gov. Dept., Kudumbashree, Kerala Institute for Local Administration (KILA) and Kerala Association of Professional Social Workers (KAPS) in Kottayam District.

## **ASER Survey**

Conducted educational surveys through phone calls for the allotted district in Kerala.

## **PUBLICATION**

Published a paper on the topic “**A Ray to Rejoice: A Study on the Socio-Economic Empowerment of Transgenders**” in an International peer-reviewed journal “The Investigator”.

## **ACTIVITIES**

### **International Conference -SCOPUS 2K22**

Coordinated International conference on the theme “gender perspectives preconceived ideas and stereotypes” held on 29<sup>th</sup> July 2022.

### **National Conference**

Coordinated National conference on the theme “Reshaping gender attitudes to promote gender equality” held on 25<sup>th</sup> August 2022.

### **Webinar**

Coordinated a webinar on the topic “Psychological interventions provided by Social Workers for victims of child sexual abuse” on 11<sup>th</sup> September 2021.

### **Blood Donation Camp**

Coordinated blood donation camp conducted at Assumption School of Nursing, Sulthan Bathery on 23<sup>rd</sup> March 2022.

### **Summer Camp**

Coordinated 5-day summer camp “HARITHAM 2K22” on the theme ‘Climate Change’ for 10–17-year-old children at St. Margaret UP School, Kaippuzha.

### **Community Library**

As a part of International Day of Education, a community library was set up at Holy Family Church parish hall Kaippuzha, which was inaugurated on 12<sup>th</sup> February 2021.

- Worked as an editor for the book “**Laws and support system in India**”
- Attended 4 days training program on **Fundamentals of Cognitive Behavioural Therapy**.

## **RESEARCH WORK FOR MSW**

A study on the awareness of primary school teachers about learning disability with special reference to Kottayam District

## **AREA OF INTEREST**

Medical setting, Elderly care, Community Health, Projects, Differently abled, Children.

## **LANGUAGES KNOWN**

English- Fluent          Malayalam- Native

Hindi- Intermediate      Tamil- Native

## **STRENGTH**

Tutoring, Organizing, Leadership, Self-starter, Team player, Confident, Coordinating

## **REFERENCE**

### **Dr. Elizabeth Alexander**

Head of Social Work Department, KE College Mannanam

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## **DECLARATION**

I hereby declare that the above-mentioned information is true and correct to the best of my knowledge and belief.

ALFIYA P SHAMS