

JESLIN MATHEW

Thalikandathil (H), Nazareth Hill P.O,
Kuravilangad, Kottayam, Kerala-686633

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CAREER OBJECTIVE

To achieve and satisfy my goal of being content in a setting that will foster my growth and allow me the opportunity to develop and use my skills for the benefit of the company as a whole.

EDUCATIONAL QUALIFICATION

QUALIFICATION	INSTITUTIONS	UNIVERSITY/ BOARD	YEAR OF PASSING	%
Master of Social Work	KE College, Mannanam, Kerala	Mahatma Gandhi University	2022	
B.Sc Mathematics	Devamatha College, Kuravilangad, Kerala	Mahatma Gandhi University	2020	8.41
CLASS XII	St. Anne's HSS, Kuriyanad, Kerala	Kerala State Board	2017	81
CLASS X	De Paul HSS, Nazareth Hill, Kerala	Kerala State Board	2015	86

ADDITIONAL QUALIFICATION

Completed one year certificate course on Counselling & Psychotherapy

FIELDWORK EXPERIENCE

Father Muller Medical College Hospital, Mangalore: Undergone fourth block placement training in 1350 bedded Medical Hospital from 01/09/2022-30/09/2022. Participated in camps, assisted in collecting details for insurance coverage of patients, collected evaluation and feedback from the patient's bystanders etc.

MaxMinds Psychosocial Rehabilitation Centre, Kannur: Undergone third block placement training in MaxMinds Psychosocial Rehabilitation Centre, Kannur from 01/03/2022-25/03/2022. Maxminds Rehab Centre is an unique centre for psycho-social rehabilitation of psychiatric disabilities.

Shreyas- Organization for Sustainable Development and Justice, Wayanad: Undergone second block placement training in a community setting from 01/10/2021-31/03/2021. Worked under SAFP project, visited colonies to collect details for the project, conducted Lifeskill Training for children etc.

Tele counseling: Served in COVID-19 community counseling support team as part of "Ottakkalla Koodeyund Kottayam Program" a joint initiative of Local Self Gov. Dept, Kudumbashree, Kerala Institute for Local Administration (KILA) and Kerala Association of Professional Social Workers (KAPS) in Kottayam District.

PUBLICATION

Published a paper on the topic "A Study on Socio-Economic Problems of Transgender and Possible Social Work Interventions" in an International peer-reviewed journal "The Investigator".

EFFICIENCY AS ORGANIZER, DETAILS OF PROGRAMMES HOSTED

- **Finance Coordinator of AWAKE, State Level Cultural Fest for Differently Abled Children:** Coordinated AWAKE, State Level Cultural Fest for Differently Abled Children, which was conducted on 2022 July 29 & 30.

- **Finance Coordinator of International Conference -SCOPUS 2K22:** Finance coordinator of International conference conducted by PG Department of Social Work KE College, Mannanam on the theme “gender perspectives preconceived ideas and stereotypes” held on 29th July 2022.
- **National Conference:** Finance coordinator of National conference conducted by PG Department of Social Work KE College, Mannanam on the theme “Reshaping gender attitudes to promote gender equality” held on 25th August 2022.
- **Webinar:** Coordinated a webinar on the topic “Importance of Mental Health During Covid Pandemic” on 6th August 2021.
- **Summer Camp:** Coordinated 5-day summer camp “HARITHAM 2K22” on the theme ‘Climate Change’ for 10–17-year-old children at St. Margaret UP School, Kaippuzha.
- **ASER Survey:** Conducted educational survey through phone calls in the allotted district.
- **Resource Person:** Resource person of webinar on the topic “Parenting During Pandemic”.
- Chief editor of resource book named “Laws and Support System in India”.
- Released a study on the topic “Sustainable Energy Conservation Models in Kerala”.

PARTICIPATION AND PAPER PRESENTATION IN SEMINARS /WORKSHOPS

- Attended 4 days training program on **Fundamentals of Cognitive Behavioural Therapy**
- Attended National Conference conducted by Madras School of Social Work on Social Work Profession-Inclusivity and the Way Forward.
- Attended the National Conference on climate change organized by PG Department of Social Work Sree Sabareesa College.
- Attended National Conference BHARATHION 2021 on “Indian Social Work: An Indigenous Approach to Development” organized by Bharata Mata School of Social Work.
- Attended Go4youth examination 2021.
- Attended 19th International Conference and Social Work Students Meet SAMANWAYA organized by PG Department of Social Work, BCM College.

RESEARCH WORK FOR MSW

A Study On Anxiety Among Postgraduate Students In Kerala During The Covid-19 Pandemic With Special Reference To Kottayam District.

EXTENSION WORK / COMMUNITY SERVICE IN COLLEGE:

- Association of Social Workers Elias Mannanam (ASWEM)
- Volunteer of Kuriakose Elias Development Action Society (KEDAS)

AREA OF INTEREST

Medical setting, Psychiatric setting, Elderly care, Community Health, Projects, Disability

LANGUAGES KNOWN

English and Malayalam- Fluent

Hindi, Tamil & Telugu- Intermediate

PERSONAL DETAILS

Nationality : Indian

Sex : Female

Date of Birth : 05-12-1998

Marital Status : Single

STRENGTH

Organizing, Leadership, Empathy, Resource Mobilization, Flexible, Confident, Honest and Sincere.

REFERENCE

Dr. Elizabeth Alexander

Head of Social Work Department, KE College Mannanam

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DECLARATION

I hereby declare that the above-mentioned information is true and correct to the best of my knowledge and belief.

Jeslin Mathew