



**SHERIL PADINJAKKRA
VARGHESE**



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About me

WORK EXPERIENCE

14.09.2015–02.01.2017

Optometrist • Clinical Optometrist • Sankara Nethralaya Medical Research Foundation, Chennai. <https://www.sankaranethralaya.org/>

12.06.2017–15.09.2017

Optometrist • Clinical Optometrist • I Vision Eye Care Center. <https://ivisionchalakudy.in/>

25.09.2017–05.03.2020

Optometrist • Clinical Optometrist • Giridhar Eye Institute <https://www.giridhareye.org/>.

06.03.2020-31.12.2021

Optometrist • Clinical Optometrist • Eye Partner Opticals and Contact Lens Clinic. Vazhoor Road, Karukachal, Kottayam - 686540, Opposite KSFE (Map)

Eye Camp & Conference

- Eye camp and school screening program organized by M.O.S.C. medical college hospital in association with Lions & Rotary clubs.
- Participated in CME Conducted by Giridhar Eye Institute and SSM Eye Research Foundation about comprehensive eye care.
- Participated in CME (Continuous medical education) conducted by Rayhan College of optometry in association with South Indian Regional Inter Colleges, India about low vision and contact lens.
- Participated in CME conducted by Institute of Ophthalmology, Little Flower Hospital and Research Center Angamaly, Kerala about advancement in comprehensive Eye care: clinical and managerial.

Participated in CME: Red eye, Differential Diagnosis, New Generation lenses and computer vision syndrome in association with Indian Optometrists Association – Kerala

Clinical role was **to detect defects in vision, signs of injury, ocular diseases (diseases of the eye) or abnormality, and problems with general health.** Make detailed examination of the health of the eyes. This was same in all work place that I had worked after my graduation.



EDUCATION

SECONDARY SCHOOL - <https://oruschool.in/india/shcghss-chalakydy-school-chalakydy-23>

1/6/2008 – 1/3/2009, S.H.C.G.H.S.S. Chalakudy, Thrissur

Secured at 79%

HIGHER SECONDARY SCHOOL - <https://thrissur.nic.in/public-utility/little-flower-convent-hss-koratti/>

1/6/2009 - 1/3/2011, Little Flower Convent Higher Second School Koratty, Trissur.

- Secured at 61%

BACHELOR DEGREE

BSc (Hons) in Optometry & Ophthalmic Techniques (BSCHOT)

2011 – 2015 From IGNOU University – regular mode

M.O.S.C. CENTER FOR ALLIED HEALTH SCIENCE, KOLENCHERY, KOCHI,

KERALA, INDIA - https://www.moscomm.org/uploads/userfiles/21-22_prospectus_edited_31_5_2021-converted.pdf

- Secured at 70.1% // CGPA : 7.4

REFERENCE

Jisha, lecturer – Ophthalmology department, M.O.S.C. Center for Allied Health Science, Mobile number - 9400863467

