

SMERA JOHN

Master of Social Work (Medical and Psychiatry)

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Edapputhusseril (H)
Koothattukualm P.O
Ernakulam (Dist)
Pin Code : 686662



CAREER OBJECTIVE

MSW graduate looking for an opportunity in an esteemed institution that can provide their employees with development, platform to showcase and make best use of skills, theoretical knowledge, responsibilities and commitments towards social work.

WORK EXPERIENCE AND VOLUNTEERING ACTIVITIES

- Resource Person at SMART 40 ORC Project of District Child Protection Unit, Thodupuzha (16 September 2021- Present)
- Served as a Counselor for Covid Patients at Edavetty Panchayat (2021)
- Served as Volunteer Social Worker for Four months at District Child Protection Unit , Thodupuzha , Idukki (03 Dec 2020 - 08 April 2021)
- Volunteered in Kerala Flood Relief activities 2018 and 2019
- Volunteered for Survey Taking and Awareness Program at Edamalakudi (Tribal panchayat in Kerala) in Association with State Child Rights Commission 2018 and 2019

CERTIFIED COURSES

- Three Month Full-On Certified Course in **Social Work In Child And Adolescent Mental Health** from NIMHANS, Bangalore (Sep 2022)
- Six Month Certificate Course in **Counselling** (2021 – 2022) from Mahatma Gandhi University
- Coursera Online Course on Subject **Understanding And Strengthening Health System** from Johns Hopkins University (2020)
- Coursera Online Course on Subject **Negotiation, Mediation, And Conflict Resolution – Capston Project** from ESSEC Business School (2020)
- Add-on-course in **Universal Human Values And Holistic Education** from Santhismart ,Santhigiri College (2019)
- Add On-Course on **Business Etiquette And Professionalism** from santhismart ,Santhigiri college (2018)

CERTIFICATES

- Participated Four days Training Programme on **Training Of School Counsellors On School Mental Health** held at NIMHANS Center for well-being, Bangalore (2022)
- Participated Two days training programme for Social Workers on **Child Protection** organized by District Child Protection Unit, Idukki (2022)

EDUCATION

🏆 Master of Social Work(Medical and Psychiatry)

Santhigiri College Of Computer Science, Vazhithala

Mahatma Gandhi University
71 Percentage
2018-2020

🏆 Bachelor of Commerce in Computer Application

Rajagiri College Of Management And Applied Science, Kakkanad

Mahatma Gandhi University
65 Percentage
2014-2017

🏆 +2 Commerce

MKM HSS,Piravom

Kerala Board of Higher Secondary Education
82 Percentage
2012-2014

🏆 10 th

Marygiri CMI Public School,Koothattukulam

Central Board of Secondary Education (CBSE)
65 Percentage
2012 Batch

SKILLS

Leadership

Rapport Establishment

Communication and Listening

Reporting and Management

Critical and Creative Thinking

Coordination

Problem solving

Hard-working

Creative

Resourceful

LANGUAGES

MALAYALAM (Read, Write, Speak)

ENGLISH (Read, Write, Speak)

TAMIL (Speak)

PAPER PRESENTATION

- Presented a Paper Titled **Quality Of Life Among Tribal Women In Edamalakudy** in the National Seminar Dyothana 2020, conducted by the Department of Social Work, Santhigiri college, Thodupuzha

RESEARCH AND PROJECT

- A Research Titled **Problems Faced By Female Sex Workers**
- A Research Paper on the Topic **Quality Of Life Among Tribal Women In Edamalakudy**
- A Project on A Study on **Emotional Intelligence Of Managerial Personnel Of Traco Cable Company**

INTERSHIPS AND FIELD WORK

- Observation Home for Boys , JJB Madiwala Bangalore July-September 2022
- Cardinal Specialty Hospital, Monippally (Psychiatry setting) – Dec 05 2019 to Dec 28 2019
- Yenepoya Medical College Hospital, Mangalore (medical setting) – Sep 02 2019 to Sep 30 2019
- Solidarity Suraksha IDU Project KSACS , Muvattupuzha – March 01 2019 to 08 June 2019
- Piravom Municipality Ernakulam District – Sep 2018 to Jan 2019

POSITIONS OF RESPONSIBILITY

- Organized and Participated in National Seminar Dhyothana 2020 and 2019 conducted by the Department of Social work, Santhigiri college,Vazhithala
- Chief Volunteer in Job Fair 2019 Organised by Santhigiri Institute of Management,Vazhithala
- Member in Jesus Youth Team of Rajagiri college
- Student Convener of MKM HSS Souhrida Clubs conducted by Department of Higher Secondary Education

DECLARATION

I hereby declare that, the information furnished above is true to the best of my knowledge.

Koothattukulam

31/10/2022

Smera John

COMPUTER SKILLS

MS PowerPoint

MS Excel

MS Word

HTML

Tally

EXTRACURRICULAR ACTIVITIES

- Headed as Assistant director for drama conducted in college, Acted a role in skit in college day.
- Active in dance, vegetable carvings, craft and dry flower making, farming , planting.

PERSONAL SNIPPET

Date Of Birth: 15-11-1995

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Ernakulam (Dist)

Pin Code: 686662

Nationality: Indian

REFERENCE

1.Dr.Kavita V Jangam

Associate Professor and Cordinator

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2. Mr. Jomet George

Child protection officer

Idukki

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3. Mrs. Suja jemarin HOD (MSW)

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