



## **CHRISTY THOMAS**

Trainee Social Worker

### **CAREER OBJECTIVE**

Seeking for a responsible opportunity to fully utilize my training and skills, and use my professional services for helping the client to solve their problems

### **CONTACT INFORMATION**

Address: Chennangattu (H)

Vakathanam P.O

Kottayam, Kerala 686539

Phone No: 9497764649, 8078466213

Email: christythomas055@gmail.com

### **PERSONAL DATA**

DOB: 13/02/1998

Marital Status: Single

Nationality: Indian

Language Known: Malayalam and English

## **EDUCATIONAL TRAINING**

### **BCM COLLEGE, KOTTAYAM**

Masters in social work

Specialized in Medical and Psychiatry

- Batch of 2020-2022
- Conducted and participated in International Conferences
- Volunteered in conduct Annual Status of Education Report 2021(Pratham)
- Volunteered in COVID 19 community Counselling support team (Ottackalla Koodeyundu)

### **St.Thomas College, Pala**

Bachelors of Vocational Education in Sustainable Agriculture

- Batch 2016- 2019
- CCPA: 9.00

### **M.G.E.M.H.S.S, Vakathanam, Kottayam**

- Batch 2014-2016
- Percentage: 89%

### **M.G.E.M.H.S.S, Vakathanam, Kottayam**

- Batch 2014
- Percentage: 91%

## **INTERSHIPS**

### **COMMUNITY SOCIAL WORK TRAINEE**

Vakathanam Grama Panchayath, 19 Feb 2021-14 Sep 2021

- Learned about grassroot level management functions
- Visited institutions under Grama Panchayat

### **COMMUNITY SOCIAL WORK TRAINEE**

Hope Community Village, Alappuzha

6 oct 2021-30 Oct 2021

- Case study
- Conducted group activities among children
- Supervision
- Documentation
- Psycho-education

## SKILLS

- Communication Skill
- Active Listening Skill
- Good learner
- Organizing Skill
- Documentation Skill
- Time management
- Problem solving skill

## REFERENCE

Dr. Ipe Varughese

Head, Dept. of Social Work, BCM College,  
Kottayam (Gen.Sec., KAPS)

Phone No: 9446448215

## DECLARATION

I hereby declare that all information given are true and correct to my knowledge

## PSYCHIATRIC SOCIAL WORK TRAINEE

Max Minds, Kannur, 1 March 2022-30 March 2022

- Case history and MSE taking
- Participated in various group therapy
- Conducted Psycho education
- Familiarised with various Psychiatric disorder

## MEDICAL SOCIAL WORK TRAINEE

St. Thomas Hospital, Chethipuzhya, Changanaserry

1 September 2022-31 September 2022

- Visit various departments
- Conducted case study
- Interacted with Patients and bystanders
- Done Presentations
- Familiarised with Social work roles in medical setting
- Conducted psycho-education

## PSYCHIATRIC SOCIAL WORK TRAINEE

Cadabam's Group, Bangalore (ongoing)

- Case history and MSE taking
- Participated in supportive treatment
- Participated in Group Activity

## ADDITIONAL ACTIVITIES

- Paper Presentation in International conference on topic on Child trafficking and Child rights and Gender discrimination in families and workplace in India held at BCM College.
- Awareness classes for school students on the topic Life skill Education.

## RESEARCH EXPERIENCE

- MSW Dissertation on topic "Challenges faced by special school teachers- A qualitative study"