



PRESTEENA ANN JOLLY

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ABOUT ME

Pursued Master of Social Work (MSW) at St. Albert's College (Autonomous), Ernakulam with a specialization in Medical And Psychiatry. Pursued Bachelor of Social Work (BSW), at Rajagiri College of Social Sciences (Autonomous), Kalamassery, with a specialization in Financial Management and Geriatric Care Management.

SKILLS & PROFICIENCIES

- Group Work Skills
- Organizational Skills
- Communication Skills
- Research Oriented Work Skills
- People Management Skills

EXPERIENCE

- Worked as Social Welfare Executive at Kitex Graments Ltd, Kizhakkamabalam, Kerala.
- Social Work Trainee at ICDS centre, Kalamassery, Cochin.
- Social Work Intern at Help Age India, Hyderabad.
- Social Work Intern at District Child Protection Unit (DCPU), Ernakulam.
- Social Work Intern at Kasturba Medical College Hospital, Attavar, Mangalore.
- Social Work Intern at Father Muller Medical College, Mangalore.
- Social Work Intern at Mother and Child Foundation, Painkulam, Thodupuzha.
- Social Work Intern at Sahrudaya Services and Charities, Rajagiri, Kalamassery.

WORKSHOPS/TRAINING

- Attended International Social Work Conference on Multi Sectorial and Interdisciplinary Response to health and Well-being.
- Workshop on Participatory Rural Appraisal Training (PRA) Program.
- Training for Volunteer in Pain and Palliative Care.
- Attended Project Proposal Workshop.
- Training for Accounting in Computer using Tally.
- Participated in a seminar on "Wetlands for a Sustainable Urban future."
- Participated in RED ENERGY, an orientation program by the Indian Red Cross Society.
- Member of CSR project for Women Empowerment under the Albertian Foundation, Kochi.

AWARDS/ ACHIEVEMENTS

CURRICULAR ACTIVITIES

- Poster Presentation on the research topic "Family Burden and Social Support of Parents having Differently Abled Children", for the International Social Work Conference.
- First Rank in Post Graduation in Master of Social Work at College Level.

EXTRA CURRICULARS

- Won prize in the Central Kerala CBSE Kalotsav for Recitation English.
- Won prize in the Central Kerala CBSE Kalotsav for Break Dance.
- Active member of Youth Red Cross, Encon and Rotaract Clubs at college level.

- Dissertation on the topic "Family Burden and Social Support of Parents having Differently Abled Children.
- "Volunteered for 3 months at District Mental Health Programme (DMHP) providing Psycho social support through Telecounselling.
- Volunteered in COVID-19 Vaccination duty, in the Panchayat for a period of one month.

LANGUAGE

- English, Malayalam, Tamil, Hindi

EDUCATIONAL BACKGROUND

- St.Albert's College (Autonomous), Kochi.
Master of Social Work (MSW)
2022
- Rajagiri College of Social Sciences (Autonomous),
Kalamassery.
Bachelor of Social Work (BSW)
2019
- Carmel CMI Public School, Vazhakulam.
Senior Secondary(Plus-Two)
2015
- Carmel CMI Public School, Vazhakulam.
Secondary (High School)
2013