

**AKHILA S PUNNATHANI**

Punnathaniyil (H)

Moonnilavu P.O

Moonnilavu

Kottayam (DT)

Pin-686586

Email Id: akhilaspunnathani@gmail.com

Mob: 8289958799

**OBJECTIVE**

Seeking a challenging and innovative job where i can serve with the best of my capabilities and to continually upgrade my knowledge and skills in the proud of contributing to the organizational goals.

**PERSONAL DETAILS**

Date of Birth : 11/09/1997

Gender : Female

Father's Name : Shibi Thomas

Mother's Name : Mini Shibichen

Religion : Christian

Caste : RCSC

Mother tongue : Malayalam

Nationality : Indian

Languages Known : Malayalam, English

## **EDUCATIONAL QUALIFICATION**

<b><u>Qualification</u></b>	<b><u>Board/University</u></b>	<b><u>Institution</u></b>	<b><u>Year</u></b>	<b><u>Percentage</u></b>
SSLC	Board of Public Examination Kerala	S.H.G.H.S, Bharananganam	2014	85 %
PLUS TWO	Board of Higher Secondary Examination Kerala	St. George H.S.S, Aruvithura	2016	86 %
B.Com ( Finance and Taxation)	MG University	BCM College, Kottayam	2019	79%
MSW (Medical & psychiatry)	MG University	BVM Holy Cross College, Cherpunkal	2021	75%

## **ACHIEVEMENTS**

- I worked as an NSS volunteer during my higher secondary and degree level. And awarded as best worker.
- I participated in the training Youth Leadership And Community Development conducted by Nehru Yuva Kendra at Casamaria Kottayam.
- I participated in seminar on recent trends in social development organized by social work in association with IQAC.
- I successfully completed my fourth semester fieldwork at Kusumagiri Mental Health Center, Kakkanad.
- I successfully completed my internship at Marigiri hospital, Bharananganam.
- I successfully completed one year experience in Santhom snehalayam home for the aged and infirm at kothamangalam as a psychiatric social worker.

### **Carrier objective**

- To understand mental status assessment of the elderly patient, and how and when to apply a standardized assessment tool
- Social worker to work for the betterment of people who struggle with mental health problems by applying skills and knowledge in social work intervention.
- Desire for a position of Medical Social worker where I could apply my skills and knowledge in Patients assessments, working with team, Co-ordination to address and advocate for patients who are in different Medical conditions and needs.

### **Skills**

- Excellent communicator
- Active Listening Skill
- Problem solving
- Case Management
- Counselling
- Programme Management
- Care Development and Planning
- Crisis Intervention
- Acceptance and Empathy
- Leadership skills and ability to motivate

### **PERSONAL STRENGTHS**

- Good Communication skills
- Honest
- Sincere and Hardworking

## **HOBBIES**

- Hearing Music
- Helping Parents

## **Experience**

**Oct 2021 – Nov 2022**

**Counselor**

**Santhom Snehalayam Home for Aged and Infirm**

- Take case study of psychiatric iller elderly people
- Provide counselling to patients and families regarding emotional, social, and bereavement issues
- Develops plan of care in coordination with an interdisciplinary team and provides social services for the patients and families
- Provide support for patients and family members; taking on the role of an advocate
- Provides a vast range of supportive professional social work services and interventions to assigned patients.
- Devise and implement the social work care plan.
- Facilitating advance care planning and caregiver support
- Provide emotional support, counselling, and psychotherapy to patients and their family members who experience psychological and emotional challenges during the illness

## **DECLARATION**

I hereby declare that all information given is true and correct to the best of my knowledge and belief.

Place: Moonnilavu

**AKHILA S PUNNATHANI**

Date: 14/12/2022