



# BONSY M P

SOCIAL WORKER



Kuzhoor, Thrissur, Kerala



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## PROFESSIONAL SUMMARY

Dedicated social worker with full of passion to help others to help themselves, by using the skills and knowledge from the degree of Social work and experiences in mental health and rehabilitation.

## SKILLS

- Communication
- Active listening
- Counselling
- Coaching
- Client Assessment
- Empathy
- Program coordination

## Technical Skills

Microsoft office  
Google Drive

## EXPERIENCE

### **Psychiatric Social Worker**

Dec 2021– July 2022

ANANDBHAVAN Psychosocial Rehabilitation Centre, Kodanand.

- Established professional relationship with clients, assisted medical care coordinators in implementing client specific strategies
- Managed the routine of the institution, arranged, planned and coordinated special days and celebrations.
- Carried case studies, MSEs, group work and referred better mental care to clients in need
- Remained alert to emergencies, take necessary actions, direct and guide inmates for enhanced medical or physical support.
- Maintained overall mental health of inmates with timely interventions and counselling
- Ensured proper rehabilitation measures and advocated inmates for a quality life
- Encouraged community participation and support for the betterment of inmates and institution
- Documented patient conditions, recorded and maintain institution updates
- Ensured proper implementation of government policies and laws

### **Social Worker cum Data Entry Operator**

May 2021 – Oct 2021

Covid Apex Centre, General Hospital Ernakulam, Kerala.

- Established rapport between patient and families, assist them to meet medical and financial benefits
- Monitored and created specific medical care plan to each patient with medical professionals
- Ensured human rights, mental and physical well-being of patients
- Planned admission, discharge and referral procedures with other professionals
- Documented and maintained patient care plans, daily status updates and act as a liaison between hospital and bystander

## **OTHER ACHIEVEMENTS**

- KASP membership
- Participated training program on 'Local Governance' at KILA Thrissur
- Participated workshop on PRA (Participatory Rural Appraisal)
- Completed a course in communication skills by post graduate and research department of English of St Joseph's College Irinjalakuda

### **Social work trainee**

Dec 2020 (20 days)

Centre for Harmonious Living hospital, Palakkad.

- Conducted case studies, MSEs and documented in detail
- Monitored patient status, advocated patients concerns and reported for further intervention
- Developed a strong professional relationship with other medical professionals and assisted in patient care planning
- Organized programs, celebrations, and leisure activities to improve mental stability of patients

### **Social work trainee**

20 days

Annamanda Grama Panchayat, Thrissur District  
(ICDS, kudumbasree)

- Assisted experienced social worker in documentation.
- Conducted awareness class to public and grassroot level community workers
- Created adolescent groups under anganwadi's and carried out crime mapping
- Initiated, organized and implemented children's camp, mother's and elderly meetings to enhance community participation

## **EDUCATION**

### **Master of Social Work**

2021

Christ College (Autonomous) Irinjalakuda, Kerala.  
Specialization: Medical and Psychiatric

### **Bachelor of Zoology**

2019

St Joseph's College (Autonomous) Irinjalakuda, Kerala.

### **Higher Secondary**

2016

St. Antony's HSS Mala, Kerala.

### **SSLC**

2014

HCCEMHSS Snehagiri, Mala, Kerala.

## **DECLARATION**

I hereby declare that the details and information given above are complete and true and to the best of my knowledge and belief.

Yours Faithfully  
Bonsy. M. P