



## AVITHA V.

Alakkayam House  
Chemmanad p/o  
Kasaragod  
pin: 671317  
7356136716  
avithav98@gmail.com  
24/09/1998

in <https://www.linkedin.com/in/avitha-v-157a01203>

### OBJECTIVE

Dedicated Professional Social Worker with good field work experience and strong interest in women and child welfare, health care, rural development, medical and psychiatry, elderly care, poverty irradiation programs and school setting. I seek challenging opportunities where I can fully use my skills for the success of the organization.

### SKILLS

- Case Assessment
- Empathy
- Taking case history and MSE
- Self Esteem
- Communication Skill
- Interpersonal Skill
- Decision Making Skill
- Accurate Documentation
- Coping with Emotions
- Skill in MS Office & Tally
- DCA ( Pursuing)

### LANGUAGE

- English
- Malayalam
- Hindi
- Tamil(speaking only)

### EXPERIENCE

- 05/05/2022 - present** **Malabar Cancer Centre**  
Social Investigator
- 01/11/2021 - 20/04/2022** **Nakkada Mission Hospital**  
Psychiatric Social Worker, Thiruvalla, Pathanamthitta
- 01/05/2021 - 25/05/2021** **District Mental Health Programme, Wayanad**  
Telecounsellor  
One month Block Placement
- 15/03/2021 - 11/04/2021** **Kusumagiri Mental Health Centre, Kakknad, Ernakulam**  
Psychiatric social work trainee  
One month field work practice in Psychiatric setting
- 03/12/2020 - 08/01/2021** **General Hospital Kasaragod**  
Medical Social work trainee  
One month field work practice in medical setting
- 08/05/2020 - 08/06/2020** **Chudar Educational NGO, Chennai, Tamilnadu**  
Social work trainee  
One month Internship
- 10/12/2019 - 11/03/2020** **Red Cross Society, Kasaragod**  
Social work trainee  
One month field work practice
- 20/08/2019 - 30/10/2019** **Chachaji Buds School, Kallar, Kasaragod**  
Social work trainee  
One month field work practice

### EDUCATION

- 2019-2021** **Central University of Kerala**  
Master of Social Work
- 2016-2019** **Kannur University**  
Batchelor of Commerce

### PROJECTS

**A STUDY REGARDING THE MENSTRUAL HYGIENE PRACTICES OF MENTALLY RETADED BUDS SCHOOL STUDENTS IN KASARAGOD DISTRICT**

### ACHIEVEMENTS & AWARDS

- \* Participated in three days workshop conducted by NIMHANS on psychosocial support for the caretakers of endosulfan victims.
- \* Conducted blood donation camp and collected 50 units of blood during field work. And honoured by the CENTRAL UNIVERSITY OF KERALA.
- \* Working as a volunteer in Akkara Foundation, Kasaragod
- \* Working as a volunteer in "Mission 140" project of MIND, Kollam

### DECLARATION

I hereby declare that all the above furnished information is true and correct to the best of my knowledge and belief

### MEMBERSHIP

Kerala Association of Professional Social Workers