



ANOOP TM

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CAREER SUMMARY

MSW Graduate, designated with various positions over 5 years (two years in schools and 3 years in De addiction Hospital) with professional boundaries, confidentiality, patience, compassion, empathy, and communication skills: seeking the role of a Psychiatry Counselor: willing to help those in need and are facing medical difficulties: possess the ability to provide psychological, physical, social, and emotional support to patients' health challenges.

SKILLS

- Coordinating & Mentoring the disabled (SLD, ADHD, PTSD, OCD)
- Conducting online and offline awareness programs
- Professional & therapeutic relationship with Clients
- Conducting group activities & campaigns
- Counseling in both individual & family
- Dealing with behavioral issues (CBT)
- Documentation & Presentation
- Psycho education programs

EDUCATION

MSW (MEDICAL & PSYCHIATRY), 2017-2019,

LISSAH College, Kozhikode, Kerala, India

BA PHILOSOPHY, 2014-2016,

UC College, Aluve, Kerala, India

WORK EXPERIENCE

GJAM ASWAS HOSPITAL ,TREATMENT & AFTER CARE HOSPITAL FOR ALCOHOLICS AND DRUG ADDICTS, Kollam India

DE-ADDICTION COUNSELOR

(10/2019-03/2022)

- Conducted psycho education programme for addicts
- Managed all de-Addiction treatment services
- Organizer of SAYOOJYAM 2019(awareness programme for school college students)
- Counselor of SANDHWANAM 2020-21(Covid-19 counseling assistance programme)
- Co-ordinator of NIRAKOOTTU (Personality Development Programme for Children)
- Participated in all types of awareness programmes against addiction.
- Kept the therapeutically relationship with the client.
- Maintained all types of documents.
- Lead the prayers & spiritual interventions

LITTLE FLOWER SCHOOL, KALYAN BHADRASA, Faizabad, India

SCHOOL COUNSELOR (online & offline plat form)

(06/2019-10/2020)

- Counseled pupils and families and provided educational and guidance services, and parent guidance techniques.
- Collected, organized and analyzed information about pupils through records, tests, interviews and professional sources, to appraise their interests, aptitudes, abilities and personality characteristics, for vocational educational planning.
- Engaged in research follow-up activities to evaluate counseling techniques

LITTLE FLOWER SCHOOL, KALYAN BHADRASA, Faizabad, India
ASST.TEACHER

(09/2016-03/2017)

- Managed all the subjects in the primary section
- Assumed all responsibilities of the co-class teacher including extra-curricular activities, communicating with parents and making assessment of students
- Assisted pupils to understand and overcome social, emotional problems

LITTLE FLOWER HIGH SCHOOL, Kalvari, U.P, India

ASST.TEACHER

(06/2016 - 04/2016)

- Having prudence to understand each student individually
- Sincere dedication to this institution is highly treasured and attempted to make of own talents, to help the students to realize their own especially in the field of Co-curricular activities.

EXTRACURRICULAR ACTIVITY

- **Research Dissertation;**
 - Recognition of professional social workers in private and public sectors.
 - A philosophical enquiry in to the problems and crisis of family life in the modern society
- **Paper presentations;**
 - The Study on The Role of Youth Volunteers in Disaster Management in national conference on 'Social work approach to disaster management with special reference to youth participation held in February 2019 at Don Bosco Arts and Science College, Kannur, India).
 - A Study on Effect of Day Care in Child Development in 16 Samanwaya- Interational Conference held at BCM College, Kottayam, and Kerala, India
- Second prizes for Documentary and Street Play Competitions in the National Conference and Social Work Students Meet, BERCH UMANITARIO 2019 on the theme "Contextualizing The Implications Of Primary Social Work Methods" held at St.Bechmans College,Changanassery, Kerala, India.
- Second prize in Street Play Competition as a part of D'IGNITO 2017 held at De Paul Institute of Science & Technology, Angamaly South, Ernakulam, India.
- Directed a short film named "*The Professional Kit*" based on the helping hands of a social workers during disasters.(<https://youtu.be/rtlvX3tNTac>)

INTERNSHIP

Medical setting: LISIE Hospital, Ernakulum, India from 4th April to 30th April 2019.

Psychiatry setting: Chaitanya Institute for Mental Health, Pune, India from 1st November to 30th November 2018.

Block Placement: SHREYAS (Organization for Sustainable Development and Justice),Sulthan Bathery, Wayanad, India from 16th May 2019 to 1st June 2019.

Field work placement: AADI (Attappadi Adivasi Initiatives) Mattathukadu, Palakkad, India from April 2nd -May 2nd 2018.

COMPUTER PROFICIENCY

Adobe Video Editing
MS PowerPoint
MS Word

LANGUAGES KNOWN

Malayalam
English
Hindi

PERSONAL DATA

DOB : 13-02-1993
Marital status : Single
Religion : Christian RC
Passport No : U7836376
Expiry Date : 08-11-2030

Gender : Male
Nationality : Indian
Blood group : O+ ve
Date of Issue : 09-11-2020