# JIS MARIYA BABY

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#### **OBJECTIVE**

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

# **EDUCATION**

Marian College Kuttikkanam Autonomous

2020-2022

Master of social work

Alphonsa College Pala

2017-2020

B. A English Language and Language Model 1

#### **EXPERIENCE**

St. Joseph's Orphanage, Kummannoor

2019 - 2020

Peer group teaching

Volunteer for the community extension programmes organised by the Department of English in Alphonsa College Pala during the year 2019-2020. I conducted tuition classes for the inmates of St. Joseph's Orphanage, Kummannoor.

# **PROJECTS**

#### Research

Anxiety and Lifestyle Changes of Cancer Survivors

# Mini Research

Future Career Anxiety In Young Adults During Covid -19

#### Mini Research

A study on the burden of family caregivers of psychiatric patients during COVID pandemic

#### **Community Program**

Food Carnival

# **Project Proposal**

Reducing stigma on mental illness

# FIELD EXPOSURE

Composite Regional Center for Skill Development, Rehabilitation and Empowerment of Persons with Disabilities, CRC Kozhikode

1 month intership as a Disability Social Work Trainee, June 2022

# Mazumdar Shaw Medical Center, Bommasandra, Bangalore

1 month intership as a Medical Social Work Trainee, May 2022

#### SKILLS

Rapport building Leadership Active listening
Problem solving Communication
Multitasking Microsoft Office Teaching
Documentation









### REFERENCE

Ms Princy T Sebastian - "Marian College Kuttikkanam Autonomous"

Assistant professor princy.sebastian@gmail.com 9744003692

#### LANGUAGES

English Malayalam Tamil

#### **INTERESTS**

Badminton

Travel

Movie

Dancing

Singing

# Kusumagiri Mental Health Centre, Kakkanad

1 month intership as a Psychiatric Social Work Trainee, Jan 2022

# The Palai Social Welfare Society (Palai, Kottayam)

1 month intership as a Community Social Work Trainee, July 2021

#### **COORDINATED PROGRAMMES**

Team member of the Be a Santa: A project to help cancer patient 2020.

Conducted "Kanji Fest" program as part of farmers protest 2020.

# **ONLINE COURSES**

International Leadership and Organizational Behavior at course era.

Population Health During A Pandemic: Contact Tracing and Beyond

#### SEMINAR/ WORKSHOPS ATTENDED

#### **Online Sessions Attended**

Role of a social worker in mental health setting, Social work practice in community setting, Social work practice in community mental health, Social work practice with persons with disability and their families/ caretakers, Social work practice with elderly, Role of a social worker in correctional setting, Role of a social worker in paediatric oncology, Social work practice in child setting and child mental health.

# **Online Sessions Attended**

12 online sessions conducted by "Kerala State Disaster Management Authority", Kudumbashree and Sphere India.

#### **Online Webinar Attended**

Demystifying Mental Health: Towards Better Access

#### **Online International Workshop**

International workshop on Structural Social Work

#### PROFESSIONAL MEMBERSHIP

Student Membership in Kerala Association of Professional Social Workers (KAPS) (2020-2022)