



# ANUSRUTHYDEV M D

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## CAREER OBJECTIVE

To provide psychological and social support to individuals and families in distress by working efficiently for the organisation and develop personal and professional skills.

## LANGUAGES

English - Read, Write, Speak  
Malayalam - Read, Write, Speak  
Tamil - Speak

## EDUCATION

Course	Institution	Board/ University	Year	Marks Obtained
Master of Social Work	St. Joseph's College (Autonomous)	Bangalore University	2021	7.96 CGPA
BSc. Psychology	Kuriakose Elias College	Mahatma Gandhi University	2018	8.71 CGPA
12 <sup>th</sup> - PCMB	St. Antony's HSS	Kerala State	2015	80 %
SSLC	St. Augustine's HS	Kerala State	2013	90 %

## SKILLS

- Personality Traits:** Active listening, responsible, Hard Working, Empathetic, Willingness to Develop, Adaptable, Time Management.
- Team Skills:** Leadership, Motivation, Conflict Resolution, Adjustment.
- Professional Skills:** Reporting, Planning, Coordinating, Organised, Communication.
- Computer Skills:** Microsoft Office (Excel, Power Point, Word)

## ADDITIONAL COURSES

- Qualitative Research methods from University of Amsterdam and offered through Coursera
- How to write and Publish a scientific paper from École Polytechnique and offered through Coursera

## EXPERIENCE

**MARCH 2022 – SEPTEMBER 2022 (7 MONTHS)**

### IAM BUSINESS SCHOOL

Worked as an academic co-ordinator and carried out activities like evaluating academic performance of the students, conducting exams, implementing strategies for improving academic performance and conducting parents meeting. In addition to these students with behavioral problems are given proper guidance and needed support.

## INTERNSHIP

**JULY 2021 – SEPTEMBER 2021 (45 DAYS)**

### MARY QUEENS HOSPITAL

Worked as a trainee in the hospital and carried out activities like floor management, collecting feedbacks from the patients and family, communicating the identified needs of the customers to the respective authorities, conducting customer satisfaction survey to come up with suggestions for improvement, clarifying the queries of the customers, and assisting the hospital staffs in the vaccination process.

**JUNE 2021**

### ASSOCIATION OF PEOPLES WITH DISABILITY

Gained an understanding about working with children and adults with disability, worked on organizational tasks, computing data, exposure to locomotor, speech and hearing, cerebral palsy and mental health.

**OCTOBER 2020**

### HOLY CROSS HOSPITAL AND MENTAL HEALTH CENTRE

Worked with psychiatric social worker in the mental health centre. Assisted in case history taking, collecting information's from the collateral contacts, daily reporting the status of the clients to the social worker and the psychiatrist and to develop a patient specific care plan.

**AUGUST 2020**

### COVID-19 RELIEF WORK

Provided support to the citizens and the state government of Karnataka through tele-calling for contact tracing and providing psychological support.

**NOVEMBER 2019 – MARCH 2020 (CONCURRENT)**

### STREE JAGRUTHI SAMITI

Worked with domestic workers and their children. Organized group work and community program. Worked on creating awareness on helpline numbers and engaged in mobilization of workers.

## PERSONAL BACKGROUND

- Nationality: Indian
- Civil Status: Unmarried
- D.O.B: 28/10/1997

2017

### BETHSADA MENTAL HEALTH CENTER

Worked as a trainee under the psychiatric social worker and learned about different psychiatric disorders, assessment and counselling.

2017

### ASHRAYA CHILD DEVELOPMENT CENTRE

Exposure to learn different types of therapies provided for the children and understood the importance of developing different care plans based on the needs of the children.