



Rhea Joseph

Age-27

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Experience

Psychiatry

NIMHANS, Bengaluru (Institute of National Importance)

January 2020 - December 2022 (M.Phil. in Psychiatric Social Work)

- Clinical experience in working with individuals with mental illness and their families.
- Experience in providing various psychosocial interventions for persons with mental illness and their families.
- Interested area- Family therapy

SCARFIndia, Chennai (WHO collaborating research centre)

November 2019 - March 2020 (Concurrent field work)

- Conducted process-oriented group therapy for patients.
- Observation of psychiatric diagnosis and case history taking.

IMHANS, Calicut

May 2019 - June 2020

- Observation of psychiatric diagnosis-(adult and child psychiatry)
- Conducted group therapy for children in the 'special education unit.

Sangath, Goa (Collaborates with global mental health partners)

April 2018 - May 2018

- Worked for 'Beyond Boundaries project' (For inclusive education in elementary school).
- Created data tables and transcribed interviews for case studies.
- Assisted in 'community mental health programs'.

Medical

Cancer institute (WIA), Adyar, Chennai (National and International stature)

June 2019 - October 2019 (Concurrent field work)

- Conducted group therapy for pediatric- oncology patients.
- Assisted in the psycho-oncology department to provide counselling for caregivers.

General hospital, Ernakulam

July 2016- November 2016 (Concurrent field work)

- Worked in the 'pain and palliative centre

Education

NIMHANS, Bengaluru (Institute of National Importance)

2020 - 2022

M.Phil in Psychiatric Social Work

Aggregate - 71.6% (First year)

Loyola college, Chennai

2018 - 2020

MA Social Work - Medical & Psychiatry

Aggregate - 78%

Rajagiri college, Cochin

2015 - 2018

BA Social Work

CGPA - 7.92

Assisi Vidyanikethan Public School, Kerala (CBSE)

2011 - 2013 & 2009-2011

12th - Science and Mathematics - 73.2%

10th - CGPA - 9.8

Research (Part of course fulfillment)

>Lived experience of parenting adult children with severe mental illness (ACwSMI) in launching families. [Reference - Dr. N Janardhana, Professor, (NIMHANS) - 9901508695]

>A study on Work engagement and burnout among oncology nurses in Kerala.

>A study on awareness of cervical cancer among women from M.K Radha Nagar slum, Chennai.

Language Skills

- Verbal communication (english,malayalam, tamil, kannada), Written communication (english and malayalam)