



REBECCA BARRY

Social Worker

Qualified social work professional dedicated to client needs and well being. Follows evidence-based practices and optimum treatment modalities to address problems with mental illness, substance abuse and other issues impacting daily life.

Contact

Hill House, Vennicode PO
Varkala, Thiruvananthapuram
Kerala - India 695318

+91 6238805038

rebeccabarrysebastian13@gmail.com

Skills

- Interpersonal communication
- Analytical, problem solving and critical thinking skills.
- Case management
- Crisis Intervention
- Referrals and networking
- Counselling skills
- Psycho-social assessments
- Planning and Coordination
- Data collection and management
- Confidential case documentation
- Multidisciplinary teamwork
- Team player
- Empathetic
- Positive-outcome driven
- Creative strategies
- Time management
- Adaptation to situations
- Efficient under pressure

Professional Experience

➤ ***School Counsellor - Holy Innocents Public School, Varkala - Thiruvananthapuram***

June 2022 to Current

- Listening to students' concerns regarding social, academic, or personal circumstances.
- Providing students with support and guidance on how to deal with problems.
- Mediating and improving relationships between students, parents, and teachers.
- Counseling individuals and groups as required.
- Conducting assessments to determine students' strengths, weaknesses, interests, and aptitudes.
- Referring students to other support services and mental health professionals as needed.

➤ ***Social Worker Trainee (Part Time) - Divyakarunya Mission, Thiruvananthapuram***

August 2021 to January 2022

- Counsel and aid individuals, families requiring assistance dealing with substance abuse problems, like alcohol or drug abuse.
- Formulate program for treatment & rehabilitation of client, using knowledge of drug problems and counseling treatment techniques.
- Counsel clients individually and in groups sessions to assist clients in overcoming alcohol drug dependency.
- Counsel family members to assist family in dealing with providing support for clients.
- Refer client to other support services as needed, like medical evaluation treatment, social services, and employment services.
- Formulate and conduct programs to promote prevention of alcohol and drug abuse.

Additional Knowledge Acquired

- Social Education Program (STEP) – Kerala Institute of Local Administration(2019).
- Participated in the one-day workshop on ‘why, what and how CSR?’ – Bharata Mata College, Thrikkakara(2020).
- Research Methodology & Basics of Statistics; Certificate Course – M.E.S College, Erumely(2021).
- Workplace Communication Course – IIT Bombay(2021).
- Employability Skills at SMCDRIVE - Stella Maris College, Chennai (2021).

Reference

Dr. Aswathy A R, MBBS MD

Psychiatry

Consultant Psychiatrist

Mithra Hospital – Mental Health and
Deaddiction Centre, Abhaya
Gramam, Thachottukavu,
Thiruvananthapuram
Email: aswathyarr@gmail.com

Education

- ❖ **Master of Social Work (2019 - 2021)**
Mahatma Gandhi University - M.E.S College, Erumely - Kottayam
Specialized in Medical and Psychiatric Social Work
 - Dissertation in " A study on impact of drug and alcohol addiction on mental health among youth "
- ❖ **BA Sociology (2016 - 2019)**
University of Kerala - SN College, Chempazhanthy - Thiruvananthapuram

Fieldwork Experience

- Served in the COVID 19 **Community Counselling Support Team** as part of *Ottackalla Koodeyund Kottayam Program* June – July 2021.
- Worked at Daycare and old age home for women, Poojapura during the outbreak of COVID 19 pandemic (2020) from 17/09/2020 to 30/09/2020.
- Concurrent placement at Chirakkadavu Grama Panchayat, Kottayam as **community social worker** for one month.
- Participated in rural camp at Vellarada Grama Panchayat, Thiruvananthapuram - Chalanam 2k19.
- Block Placement at *Sakhi Women Resource Center, Thiruvananthapuram* for 24 days.
- Observation-ship as a **psychiatric social worker** at *Joannes Psycho Medical Center, Kothamangalam, Ernakulam* for one month.
- One-month field practicum as a **medical social worker** at *National Hospital, Kozhikode*.
- Internship at Believers Church Medical College Hospital, Thiruvalla in the Public Relations Department for one month.

Declaration

I hereby declare that the above-mentioned details are true and correct to the best of my knowledge and belief.

Thiruvananthapuram

REBECCA BARRY