



SIGYMOL SABU

SOCIAL WORKER

PROFILE

To use my knowledge of psychology and sociology to improve the lives of clients by offering them peace of mind and solutions to any type of condition, either mental or physical, that ails them.

ADDRESS

Melukavu, Kottayam

9495980294

8304883914

Sigymols2000@gmail.com

[LinkedIn](#)

INTERESTS

Drawing

Dancing

Singing

Keeping Pets

Active user of social medias

EXPERIENCE

ST FACILITATOR

AT MELUKAVU GRAMA PANCHAYAT

November 2021- January 2022

Assisting ST students to improve their academic performance and to make sure they are attending online classes during pandemic Covid-19. Consulting with parents and providing information about the educational status of students, conducting group activities and also working with teachers to identify the educational barriers of students.

SOLIDARITY SURAKSHA PROJECT, MUVATTUPUZHA

OUTREACH WORKER

August 2021

Organizing Programs

Creating awareness among targeted population

DM WIMS HOSPITAL

MEDICAL SOCIAL WORKER

February 2022- March 2022

Counselling

Assisting patients and bystanders

Taking financial assistance

Community work

NAIR'S PSYCHIATRIC HOSPITAL, KOCHI

PSYCHIATRIC SOCIAL WORKER

September 2022

Counselling

Psycho-education

Taking case history

Group therapy

KEY SKILLS

MS Office Suite

Problem Solving

Life skill counselling

Strong interpersonal & communication skills

Ability to work collaboratively as part of a team

Meticulous attention to detail

Excellent Organizational skills

Poised under pressure

Crisis intervention

Case planning

Teaching skills

Leadership

EDUCATION

Pursuing **MASTER OF SOCIALWORK**
MAHATMAGANDHI UNIVERSITY
2020-2022

BACHELOR OF SCIENCE IN ZOOLOGY
MAHATMAGANDHI UNIVERSITY
2017-2020
CGPA – 6.2

HIGHER SECONDARY
CMS H.S.S MELUKAVU
2015-2017
PERCENTAGE OBTAINED – 70%

SSLC
CMS H.S.S MELUKAVU
2014-2015
PERCENTAGE OBTAINED – 84%

REFERENCES

MR. MUHAMMED SHAIJU
TRIBAL OFFICER
Melukavu Gramapanchayat
Contact No. 9747845652

MR. LIXEN CHACKO
CLINICAL PSYCHIATRIST
NAIR'S PSYCHIATRIC HOSPITAL, KOCHI.
Contact No. 9947691234