

RESUME

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CAREER OBJECTIVE:

Young and dynamic personal wanted to make a positive contribution as a part of a dynamic and well reputed organization, bringing sound business acumen coupled with technical, management, decision making and communication skills. Seeking an entry level opportunity with an esteemed organization Where I can utilize my skills and enhance learning in the field of work.

COMPETENCIES & PERSONAL SKILLS

- Knowledge in Food Science, Nutrition and Dietetics
- Diet Counseling
- Diet Chart Preparation
- Knowledge in microbiology
- Good oratory skills
- Interpersonal skills
- General computer proficiency in MS Office.
- Advisory skills

EDUCATIONAL QUALIFICATION

Qualification	Board/University	Institution	Year of Completion	Marks (%)
MSc- Food Science, Nutrition and dietetics	Mangalore University	St Aloysius College Mangalore	2022	77.25%
B.Sc.- Microbiology	Kannur University	Gurudev Arts and Science college, Mathil, Kannur	2020	83%
12 th	Kerala State Board	VPPMKPS GVHSS Trikaripur	2017	87%
10 th	Kerala state Board	GVHSS Pulingome	2015	92%

WORK HISTORY

1. Aster MIMS Calicut

1 ½ months internship from August to October 2021 as a Dietary Intern.

2. NIMS Medicity, Neyyattinkkara, Kerala

1 month training from October 1st to November 1st 2022 as a Dietician

SUMMARY

- Providing dietary counselling to the clients and tracking their progress in each level.
- Maintaining the dietary prescriptions and promoting clients with nutritional principles.
- Involved in food sampling and review the tests.
- Analyzing RT feed and make observations.

SHORT TERM COURSES

- Food safety and quality control.(online)

PROJECT

- Antibiotic susceptibility of urinary tract infection

PERSONAL PROFILE:

Father's Name : Gopinathan
Date of birth : 17-06-1999
Gender : Female
Religion : Hindu,Nair
Marital status : Single
Nationality : Indian

LANGUAGES KNOWN

- Malayalam(Native or bilingual proficiency),
- English(Full professional proficiency),
- Kannada(Limited working proficiency),
- Tamil(Limited working proficiency)

EXTRA CURRICULAR ACTIVITIES & INTERESTS:

Highly Interested in Dance, Cooking, Art and craft and gardening.

CERTIFICATION:

I declare that the above information is true and correct to the best of my knowledge and nothing has been concealed or distorted.

Yours Sincerely,
Aiswarya G Nair