



# ANITTA MATHEW

PROFESSIONAL SOCIAL WORKER (Medical and Psychiatry)

## CONTACT

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## PERMANENT ADDRESS

Gelayadh House

Kannanakuzhy

Kannanakuzhy (PO)

Alappuzha - 690505

## SKILLS

- Organizing Skill
- Team Work Skill
- Communication Skill
- MS Word
- MS Excel
- PowerPoint
- Presentation

## INTEREST

- Reading Books
- Travelling
- Watching movies

## LANGUAGES

- English
- Malayalam

## PROFILE

To obtain a position of responsibilities that utilizes my skills for the success and benefits of the organization that I serve and keen to work in an environment where I can enrich my knowledge and gain experience.

## EDUCATION

### **Master of Social Work (2022) - (Result Awaiting)**

Dr. M. V. Shetty College of Social Work, Vidyanagar, Mangalore

### **B.Sc Chemistry (2020) – B+**

CMS College, Kottayam

### **HSE (2017) – 90%**

VVHSS Higher Secondary School, Thamarakulam, Alappuzha.

### **SSLC (2015) - 95%**

VVHSS Higher Secondary School, Thamarakulam, Alappuzha.

## FIELD EXPERIENCE

- **Dharmajyothi Social Centre, Vamanjoor, Mangalore – Social Work Trainee**
- **Konaje Gram Panchayath, Konaje, Mangalore**
- **Father Muller Medical College Hospital, Mangalore, Psychiatric Social Work Trainee.**
- **Completed Internship from Yenepoya Medical College Hospital, Derlakatte, Mangalore.**
- **Completed Internship from Dr. Moopens Medical College Hospital (DM WIMS), Wayanad.**

### **JOB RESPONSIBILITIES**

1. To establish purposeful relationship with the patients and bystanders.
2. To assure any patient rights violated during any point of service.
3. To assure quality of service in patients care.
4. To focus on Counselling and Rehabilitation Service.
5. To provide psycho-social and emotional support to the patient.
6. To focus and increase on Patient satisfaction index.
7. To increase awareness about social work profession at various levels.
8. To promote and facilitate member's professional development and lifelong learning.
9. To maintain a neat and professional appearance.
10. Keeping Dignity, Equality and integrity of a person.
11. Serving justice for the needies.
12. To maintain confidentiality throughout the entire process.
13. To keep Discipline and Punctuality in operations.
14. To stay calm under pressure.

### **CONFERENCES**

- Participated in the Fifth Kerala Social Work Congress & International Conference on 18<sup>th</sup>, 19<sup>th</sup> & 20<sup>th</sup> December 2020.
- Participated in the National Conference on Indian Approaches to Human Resources and Community Development on 5<sup>th</sup> & 6<sup>th</sup> August 2022.

### **PROJECTS**

- Production of Biodiesel from waste cooking oil.
- Emotional Intelligence of siblings of children with special needs.

## **AGENCY EXPOSURES**

- Anirvedha Resource Centre for Psychological Well-being, Mallikatte.
- LINK De-addiction Centre, Manglore.
- Lions Special School, Surathkal.
- Cardolite Speciality Chemicals India LLP.
- BOSCO Yuvodaya, Gandhinagar, Bangalore.
- Asha Halfway Home, Richmond fellowship society, Jayanagar, Bangalore.
- Abhaya Ashram, Bangalore.
- Dream India, Chamarajpet, Bangalore.