



**JOHN
THOMAS**



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D.O.B: 2nd December 1995



Thuruthiyil (H)
Thiruvankulam
P.O,Ernakulam,
PIN :682305
Ernakulam, Kerala
India.

PERSONAL INFORMATION

- Marital Status : Single
- Nationality : Indian

LINGUISTIC PROFICIENCY

- English(Read, Write, Speak)
- Hindi (Read, Speak)
- Malayalam(Read, Speak)

ACADEMIC CHRONICLE

- 2020-2022: Master of Social Work, MG University, Kottayam.
- 2016-2019: Bachelors of Tourism Studies, MG University, Kottayam.

ADDITIONAL QUALIFICATIONS

- Exposure in Statistical Package for Social Sciences (SPSS).
- Exposure in Project Proposal writing.
- Exposure in Participatory Rural Appraisal (PRA).
- Computer Knowledge.

PROFESSIONAL EXPERIENCE

Worked as Office Coordinator at Heyinz Infrastructure (2019 - 2020)

OBJECTIVE

Seeking employment that allows me to grow professionally, while being able to utilize my skills for the betterment of the organization with the best use of my dedication, determination and resource fullness.

PERSONAL STRENGTH

- Communication Skills
- Presentation skills
- Leadership Skills
- Coordination skills
- Documentation Skills

FIELD WORK EXPERIENCE

1. Asamannor Panchayath, Odakkali

Activities: Conducted survey for Supplyco, Awareness Classes for AganWadi children and Mothers, Studied Social institution and Schemes for Welfare of people in the Panchayath (MSW- I Semester)

2. De Paul SSmile Village, Chalakudy

Activities: Social Case Work, Social group work, Psycho education. (MSW- II Semester)

3. Welfare Association Trust, Aluva

Activities: Social Case History, Social Group Work, Interacted with Mentally Challenged People, conducted Group Therapies, Counseling. (MSW- III Semester)

4. Medical Mission Hospital, Kolenchery.

Activities: social case study learned Administrative structure, Worked in Multi-Disciplinary Team (MSW- IV Semester)

REFERENCE

Chinchu Varghese,

Senior
Social worker
Welfare
Association
Trust, Aluva
Phone: +918089050284

Jiss Lenin

Assistant Professor
Al Ameen College,
Edathala , Aluva
Phone: +918547048306

Priya Paul

Assistant Professor
Mar Elias College,
Kottappady,
Kothamangalam
Phone: +919072874277

CO-CURRICULAR ACTIVITIES

Seminars and Workshops

- Participated in the National Workshop on Participatory Rural Appraisal Practices and Micro Planning Process conducted by Aashrayam Rural Development Society and Dept. of Forest and wild life, Nenmara division.
- Participated in a Two day Workshop on Project Proposal conducted by Social work department of Jai Bharath College, Perumbavoor.
- Participated in State Level Convention organized by Nehru Yuva Kendra, Ernakulum.
- Participated in two different seminars conducted by Women's Study Centre, Cochin University of Science And Technology.
- Attended workshop on “Child Mental Health-Approaches and strategies”, International Trainers Training Program held at Rajagiri College of Social Sciences, Kalamassery.

Declaration

I hereby declare that all the above details are true and correct to the best of my knowledge.

Date: 05/09/2022
Place: Thiruvanku

JOHN THOMAS