

# AMITHA G

Edakkatuparambu House, Pallanchathanur, Palakkad, Kerala, India- 678571 | +91 95440 31902 | amithaganga123@gmail.com

## CAREER ABRIDGEMENT

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- To achieve a challenging position in a professional organization through self - improvement by excelling in all responsibilities with sincere hard work, dedication & commitment. To work towards the development of the organization & grow with it.

## KEY SKILLS

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- Creativity
- Interpersonal Skills
- Problem Solving
- Organization skills
- Detail Oriented
- Quick Learner

## EMPLOYMENT CHRONICLE

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### COMMUNITY WOMEN FACILITATOR

01<sup>st</sup> Oct 2021 – 25<sup>th</sup> Mar 2022

INTERATED WOMEN AND CHILD DEVELOPMENT OFFICE NEMMARA BLOCK PANCHAYTH

#### KEY RESPONSIBILITIES

- Capacitate women in different levels.
- Analyze the status of women & design projects.
- To prevent & address the atrocities against women & children in the area.
- Support to Jagratha Samithi & other bodies to address the issues of women & children
- Organize gender sensitization training to the elected representatives & other community leaders.
- Counseling support to the needy.
- Impart knowledge & resources for the community development programmes.
- Convergent programmes of different departments.

### PSYCHIATRIC SOCIAL WORKER

5 Months

ATCHAYAM TRUST ERODE

#### KEY RESPONSIBILITIES

- Conduct family, group or individual psychotherapy as needed
- Contribute to patient development and help them maintain stable functioning
- Assist in the early detection of at risk clients
- Assist in the development of plans to prevent worsening patients' condition
- Provide Psycho-educational Classes to promote education that either supplements or replaces individual consultative treatment
- Determine the urgency of patient's need
- Provide counseling, resource information, telephone assessment and referrals

## AREAS OF INTEREST

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- Clinical Mental Health Social Worker
- Management and Administration field
- Counselor
- Project Coordinator

## EDUCATION

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<b>M.S.W (Medical and Psychiatry)   80%</b> Sree Saraswathi Thyagaraja College Pollachi Bharathiyar University	<b>2021</b>
<b>B.COM WITH CO- OPERATION   72%</b> Co-Operative College Alathur Calicut University	<b>2016</b>
<b>HIGHER SECONDARY   72%</b> Board of Higher Secondary Examination, Kerala, India G.G.V.H.S.S Nemmara	<b>2013</b>
<b>SSLC   78%</b> Board of Public Examination, Kerala, India G.G.V.H.S.S Nemmara	<b>2011</b>

## WORKSHOPS ATTENDED

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- Participated in International Conference on the topic – “Current Challenges in Social Work Practice” organized by Sree Narayana Guru College on 2nd March 2020.
- Participated in 33 Online International & National Level Symposiums on the topics related to Social Work during COVID-19 Lockdown

## TRAINING

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### **Nazareth Care and Support Centre Kinassery, Palakkad, Kerala, India**

- Had observing on giving counseling to HIV/AIDS Patients.

### **Shalom Institute of mental health and Research (SIMHAR) Mundur, Palakkad, Kerala, India**

- Attended the outpatient department, ward rounds and had discussions with doctor. attended counseling sessions

### **Cognito academy for special children**

- Had observing and teaching to dyslexic, ADHD students.

## LANGUAGES KNOWN

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- English : Proficient/Fluent (C2)
- Hindi : Proficient/Fluent (C2)
- Malayalam : Native
- Tamil : Independent user (B1)
- Sanskrit : Independent user (B1)

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

## REFERENCE

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- Available upon request