



# Navya TJ

## Psychiatric Social Worker

To pursue a challenging career with dedication and provide my efficiency to the fullest in a professional organizational environment where I can learn new skills, expand my knowledge and leverage my learnings. To get an opportunity where I can make the best of my potential and contribute to the organization's growth

## Contact

### Phone

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### Email

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### Address

THALIYATH HOUSE MUDICODE P.O  
PATTIKKAD, THRISSUR, KERALA

## Education

2022

**MSW SOCIAL WORK / 8 CGPA**

Pondicherry University

2020

**BA HISTORY / 80%**

Sri Achutha menon Gvt college, Thrissur

## Expertise

- MS Office
- SPSS (Data Analysis)

## Language

English

Malayalam

Hindi

Tamil

## Work Experience

### Kerala state AIDS Control society

August '22-October '22

#### Outreach Worker

- Conducted 20+ group session for migrant labours on HIV AIDS.
- Organized and executed camps for labours on testing AIDS.
- Coordinated in data entry and documentations.
- Coordinated in regular follow-ups for patients.

## Experience

### March'22 - April'22

**DISTRICT CHILD PROTECTION UNIT, TRIVANDRUM**

#### INTERN

- Conducted a social investigation through homes visits for the District Child Protection Office and prepared 5 enquiry reports. The investigation was conducted based on the complaints received by the DCPO.
- As a part of Kerala government's Kaval Project, coordinated a two day workshop for 40+ school counselors in Trivandrum district on "de-institutionalization of psycho-social assessment of children"
- Coordinated an awareness program on world sleep day for 35+ girl residents in the Poojappura Shelter home

### Dec'21 - Jan'22

**PONDICHERRY INSTITUTE OF MEDICAL SCIENCES, PUDUCHERRY**

#### INTERN

- Conducted mental status examination & prepared individual casework of 3 patients that diagnosed with Paranoid Schizophrenia
- Coordinated Remedial Education methods for children with Learning disabilities
- Interviewed 30+ women from Anachikuppam village in Puducherry as a part of a quantitative research to understand 'how married women dealt with Depression, Anxiety, and Stress during the COVID-19 lockdown'

### Oct'19 - Dec'19

**PAIN AND PALLIATIVE CARE SOCIETY THRISSUR**

#### INTERN

- Worked with Multidisciplinary team

Home care

- Administrative works.

**Dec'18 - Jan'19**

*KUDUMBASHREE THRISSUR DISTRICT MISSION*

- Visited different units of kudumbashree.
- Visited and attended different programmes.
- Visited ADS And CDS. (Area Development society),(Community Development Society)

## **PROJECT**

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*At Pondicherry University*

- Conducted quantitative research on "depression, stress, anxiety among teachers" in India
- Interviewed 80+ teachers