

CURRICULUM VITAE

OBJECTIVE

- To have a stable career by growing in a motivating and challenging environment as well as to help the organization to achieve its goal.

MY STRENGTHS AND SKILLS

- ✦ Experience in providing psychosocial support for the flood affected men, women and children.
- ✦ Empathic Social Worker skilled in counseling.
- ✦ Excellent communication and listening skill.

WORK EXPERIENCE

Counseling Officer in NACO (National AIDS Control Organization) 1097 Helpline.

Period : 26-Feb-2021 - 04-Feb-2022.

Institutes: Piramal Swasthya Management and Research Institute (PSMRI), Hyderabad.

Languages: Malayalam, Tamil & English.

Job Responsibilities:

- Provided comprehensive Information on AIDS, information directory/referral service and grievance redressal (complaints and feedback escalation) for all the clients.
- Provided counseling services for person living with HIV and those who are in close contact with the virus.
- Regular assessment on person living with HIV on their mental and physical health and medication.

Achievement:

- ❖ Earned **positive feedback** from the clients.
- ❖ Received **experience certificate**.

Intern

Period: 1st Oct 2019 - 30th Oct 2019

Institute: Institute of Mental Health and Neurosciences (IMHANS), Kozhikode, Kerala

Responsibilities:

- Observed detailed **25+ case histories and mental status examinations** with M.Phil psychiatric social work scholars.
- Observed **psychosocial assessment**.
- **Conducted group work** among persons with psychiatric illness.
- **Worked as an assistant** under **special education department** where will have **40 students** on every working day.
- Participated **group therapy** with 15 patients in **Rehabilitation Unit**.
- **Conducted and trained** musical drama with **12** different types of **patients** on mental health day, with the help of M.Phil psychiatric social work scholar.
- **Daily report writing**.

Achievement:

- ❖ Received **certificate**.



RASHID. P

Years of Exp- 1yr

Highest Qualification:

Master of Social Work

Specialization-

Medical and Psychiatric

Social Work

CONTACT NO :

+91 9645798111

+91 8075508668

E-mail :

rashidponkulathil@gmail.com

CURRICULUMVITAE

Intern

Period: 1st May 2019 - 14th June 2019

Institute:

Hope Foundation at Kolkata (HKF), India.

Responsibilities:

- **Actively participated** under the **educational project** called **Integration of Quality Education for Improved Learning and Child Friendly environment** in **60 Government Primary Schools in Kolkata** and Howrah,
- **Actively participated** with the **project team** to plan, create and design **TLM** (Teaching Learning Material) by taking **leadership**.
- **Visited** government primary schools and **interacted** with **5** students.
- Prepare **Daily report**.

Achievement:

- ❖ Received **certificate**.

Provided Psychosocial First Aid for Kerala Flood Disaster.

Period: 24th Aug 2018 - 08th Sept 2018

Institute:

National Institute of Mental Health & Neurosciences (NIMHANS).

Responsibilities:

- **Attended training program** on **Psychosocial first aid in Disasters** conducted by National Institute of Mental Health & Neurosciences (IMHANS), Bengaluru in collaboration with **Department of Women and Child Development** and **Department of Health & Family welfare**, Government of **Kerala**.
- **Provided psychosocial first aid** for the **survivors** and their **families** in the **flood affected** areas.
- **Daily report** writing.

Achievement:

- ❖ Received **certificate**

ACADEMIC QUALIFICATIONS

Course	Institution	Board / University	Year	%
MSW	Central University Of Karnataka	Central University of Karnataka	2020	67.60
⚡ Specialization in Medical & Psychiatric Social Work				
BBA (HR)	N.C.S.T Karuvarakundu, kannath	Calicut University	2016	69.5
12 th	G.H.S.S Tuvvur	Board of Higher Secondary Examinations, Kerala	2013	68.5
10 th	G.H.S.S Karuvarakundu	Board of Public Examinations, kerala	2011	66

ADDITIONAL CERTIFICATIONS

- Psychosocial First Aid for Survivors of Kerala Flood Disaster
- Internship at Institute of Mental Health and Neurosciences (IMHANS), Kozhikode,
- Internship at Hope Foundation at Kolkata (HKF).
- Participation Certificate for one day workshop on 'Role of Teachers in Empowering Visually Challenged Students' - Teaching Methodologies and Assistive Devices.
- Certificate for successfully completion of four days 'Micro Planning Camp for Development Action Plan' in Vaijapur Village of Karnataka.
- Attended two days workshop on 'Panchayat Development Action Plan'.
- Participated two days 'Capacity Building Training Program on Drug Abuse Prevention' on August 2019.
- Participated two days 'Capacity Building Training Program on Drug Abuse Prevention' on October 2018.
- Participated two days National Conference on 'Bringing the Inter-generational Gap: Challenges and Opportunities in the Neo-Liberal Economy'.
- Attended six days workshop on 'Counseling Skills, Techniques and Psycho-therapies'.
- Attended ten days workshop on 'Life Skills Training Program'.

PERSONAL DETAILS

Nationality : Indian

Date of Birth : 19- 02-1996

Marital Status : Single

Current Location: Karuvarakundu, Malappuram, Kerala.

Languages : Malayalam, English, Hindi(Speak, Read & Write), Tamil (Speak), Arabic (Read & Write)

References : Available on Request
