



**Archana R.S**  
Psychiatric Social Worker

## Objective

Remain committed towards increasing scientific and professional knowledge of behavior and people's understanding of themselves and others and to the use of such knowledge to improve the condition of individuals, organizations, and society.

## Contact

### Archana R.S

Dream flower apartment, Zinia 2, Near Thampurattiparamb road, Palarivattom, Kochi, Pin-682024

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## Skills

- Empathetic Professional
- Life long learning
- Counseling skills
- Flexible and adaptable
- Team spirit
- Goal oriented
- Organised
- Communication
- Listening

## Education

2020-2022- MSc Applied Psychology, Specialization- clinical Psychology, Chinmaya Vishwa Vidyapeeth. (Awaiting result)

2016 – 2017- M.Phil. Social work from Rajagiri college, Kalamassery (Specialisation- Health Psychology)

2016- PG Diploma in Counseling Psychology, Kerala university.

2010-2012- MSW from Amrita Vishwa Vidyapeeth (Specialization- Medical and Psychiatry)

December 2021 – May 2023

Computer Knowledge- Passed Ecommerce -2013

Passed out degree in BA Economics from SN Women's college Kollam 1996

## Interests

- Reading
- Drawing , painting
- Open to spiritual Knowledge not religious knowledge

## Experience

### Psychiatric Social Worker – More than 2years experience

16/04/2018 to August 2020

Rejoined as Psychiatric Social Worker in Amrita Institute of Medical Sciences and Research Centre, associated with Pediatric cardiology & Rheumatology and Psychiatry department.

May 2017 –March 2017

Worked as School Counselor for weekly 2 days for BRM School, Chengamanad, Kottarakkara, Kollam

July-2012-November 2013

Worked as Medical Social Worker in Pediatric cardiology & Gastroenterology department at Amrita Institute of Medical Science and Research Centre, Kochi.

### Roles as a Psychiatric Social worker

- OP & IP rounds with consultants
- Psychosocial assessment
- Psycho education
- Individual counselling and Family counselling
- Motivation Enhancement therapy and Relapse prevention therapy
- Liason Work
- Awareness programmer
- Resourse Mobilization
- Follow up
- Attended Seminar
- Coordinating Medical camps
- Coordinator of Parent Advocacy & Support group
- Coordinator of Fetal echoe
- Coordinator of department meetings
- Research Assistant

### **References**

Dr. Kavitha Shanmugham- 9531856481  
Dr. Satheesh Varma – 9481484964