

Ashly Sabu



#### PERSONAL INFO

Address :

Meloth (H)

Kulayattikkara. ( P. O. )

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#### SKILLS

- Communication skills
- Active Listening
- Empathy
- Coordination
- Documentation and record keeping
- Teamwork

#### LANGUAGES KNOWN

- English
- Malayalam

#### TRAININGS

#### PROFESSIONAL SUMMARY

Hardworking and passionate social work trainee pursuing MSW from Bharata Mata School of social work, Thrikkakara affiliated to Mahatma Gandhi University. Interested in working with medical and psychiatry setting. Looking forward to work for patients with mental illness as a dedicated psychiatric social worker. And also interested in working with children as a counselor

#### INTERNSHIP

##### Social work intern

- Working as social work intern at Dr.moopens medical college wayanad .

##### Social work intern

- Worked as social work intern at chaitanya mental health institute ,Pune
- Practiced Case history taking, Mental status examination and Psychosocial assessment of psychiatric patients .
- Conducted recreational activities for patients

##### Social work trainee

- Worked in pelican center rehabilitation ,kulayattikara as a psychiatric social worker ,as a part of field work curriculum for one month.
- Conducted Case history ,MSE and psychosocial assessment of psychiatric patients
- Conducted recreational activities and therapies

#### EDUCATIONAL QUALIFICATION

- Pursuing MSW from Bharata Mata School of Social Work, Thrikkakara (2020-2022).
- Graduated in BSC. Family and community Science from BCM college Kottayam ( 2016-2019)
- Higher Secondary passed from St.Ignatius Higher Secondary School, Kanjiramattom (2014-2016).
- SSLC passed from KMJ Public School ,Kanjiramattom ( 2014)

#### Volunteership

- Volunteering at Aadisakthi Summer school

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- Trained in Life Skill Education (TOT).

- Trained in Expressive Art Therapy.

