

# NIMNA NOUSHAD

MEDICAL AND PSYCHIATRIC  
SOCIAL WORKER



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West Koratty, Thrissur Dt, Kerala, India

## PROFILE

- I am a dedicated and motivated social worker with a focus on medical and psychiatric social work. I sincerely intend to finish the specified assignment by the deadline.

## EDUCATION

- Masters in Social Work from Vimala College(Autonomous), Thrissur, 2020-2022
- Graduation in BSc. Zoology from PSMO College, Tirurangadi, 2017-2020
- Higher Secondary Education from MSP HSS, Malappuram, 2015-2017
- High School Education from, MSP EMHS, Malappuram

## SKILLS

- Communication
- Active Listening
- Leadership
- Organisation
- Co-ordination
- Team Player
- Multilingual

## EXPERIENCES

### SOCIAL WORKER

Sai Sankara Santhikendram, Kalady, Ernakulam  
10th September 2022- Present

- Advocating for their clients' needs and rights and respond to clients in crisis situations
- Providing supportive counselling and making psychosocial assessments.
- Help people of all life stages cope with and solve everyday problems.
- Research and refer clients to community resources.
- Work with individuals, families or groups.

### PAIN AND PALLIATIVE CARE SOCIALWORKER TRAINEE

Rajagiri Hospital, Aluva, Ernakulam  
6 August 2022-5 September 2022

- Coordinated case discussions in the department.
- coordinated Palliative Home care
- identified homebound and bedridden patients suffering from terminal illnesses, chronic health problems, brain and spine injuries, amputation, trauma etc. needing long term care, and made them part of the palliative care community in the local area.
- Conducted their detailed psycho social assessment, identify emotional issues needing special attention, and spend time with them to provide counselling support.

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## CERTIFICATE COURSES

- CAD Designer
- Food and Nutrition

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## INTERESTS

- Tailoring
- Reading
- Volunteering
- Travelling
- Cooking
- Gardening

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## EXTRA CURRICULUM

- Active participant of Junior Red Cross(2012-2015)
- College's Vice Chairperson(2019-2020)
- Volunteered various palliative home care team(2017-2019)

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## PERSONAL DETAILS

- Husband's Name: Jawad Jowhar A A
- Date of Birth: 26/10/1999
- Nationality: Indian
- Gender: Female
- Languages Known:English, Malayalam,Hindi, Tamil

### MEDICAL SOCIAL WORKER TRAINEE

Rajagiri Hospital, Aluva, Ernakulam

5 July 2022-5 August 2022

- Practised the roles and duties of surgical Intensive Care Unit (SICU) social worker,Medical Intensive Care Unit (MICU) social worker,Physical Medicine and Rehabilitation social worker, Pain and Palliative Care social worker.

### MEDICAL SOCIAL WORKER TRAINEE

Welcare Hospital, Vyttila, Ernakulam

1st November 2021-31st November 2021

- Public Relation Works.
- Participation in research work on Hospital Social Work.
- Experience in Psycho Social Interventions.
- Case Management
- Patient Advocacy.
- Conflict Resolution

### SURVEY AMONG STREET VENDORS

Municipal Corporation, Thrissur

13th August 2021-20th August 2021

- Conducted survey among street vendors in Thrissur Municipal Corporation as part of National Urban Livelihood Mission (NULM).

### TELECOUNSELLING

District Medical Office, Thrissur

17th June 2021-17th July 2021

- Provided Psycho Social Support for COVID and Post COVID patients in association with District Mental Health Programme, Thrissur.
- Follow up
- Referral Services.

### SOCIAL WORKER TRAINEE

Sai Madhavam, Spiritual old age home, Koratty, Thrissur

18th December 2020-15th January 2021

- Helped older adults adjust to life in their new residences,
- Advocated for their needs and rights and making psychosocial assessments.
- Practised group work.