# ADITHYA.S

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### **CAREER OBJECTIVES**

To secure a position in an organisation that allows me to evolve as a better social work professional and provide significant contributions to the success of the organizations with my skills and knowledge.

### **EDUCATION**

•University of Kerala, karyavattom campus (2021-2022)

Master of social work – MSW (Medical and psychiatry)

## •SN College Chempazhthy, Trivandrum (2017-2020)

Bachelor's of arts, Sociology

### •Govt HSS Yeroor, Kollam (2016-2017)

Secondary education specialized in commerce

# • Govt HSS Yeroor, Kollam (2008-2015)

High school education

### FIELD WORKS/ PROJECTS

• **MENTAL HEALTH CENTER, OLAMPARA-** Student Trainee July 1 - July 24 (24 days) Trivandrum, Kerala



Worked under the supervision of psychiatrist, clinical psychologists, and psychiatric social worker. It helps to understand the role of social worker in psychiatric setting, identified symptoms of patient with mental disorder through interpersonal Communication. Exhibited leadership quality, active listening, communication, Empathy etc. Took social case work, group work and mental status examination of patients

• **PRATHEEKSHADE- ADDICTION CENTER** student trainee Oct 14- Nov 17( 24 days) days) Trivandrum, Kerala

Worked under the supervision of Social Worker Ms. Soosan Vargeese. Provide psycho education to the patients guide them in craft making, Ventilation, outworks. Attended session with nurse and group therapy. Took Group Sessions, Coordinated in activities of De-Addiction Center

• HOLLYCROSS HOSPITAL, KOTTIYAM - student trainee Feb. 1 - Feb. 24(24 days) kollam, Kerala

Worked under the supervision of medical social worker Ms. Neenu. Took case work, outreach programme and case study

• YEROOR GRAMAPANCHAYAT- student trainee Dec 1 - Dec 24 (24 days) Kollam, Kerala

Worked under the supervision of CDS chairperson. Conducted Case work, Group work at Govt HSS Yeroor and Community Organization at Punchirimukk colony there trainee started a unit named "PUTHU YOVANAM" a group which work against drop outs

### SKILLS

Professional Skills: Communication, Active listening, Empathy, Rapport

building, Counselling, Leadership, Interpersonal, Leadership, Team building

Language skill: English, Malayalam

### **INTEREST OR HOBBIES**

Gardening, Paper crafts, Listening Musics, Organizing Things, Video making and editing

#### LANGUAGES KNOWN

English – Writing, reading, speaking

Malayalam- Writing, reading, speaking

#### **PERSONAL INFORMATION**

Date of birth: 22/06/1998 Address: Udayavilasam Bharatheepuram po Father Name: P. Udayan Marital status: Single Nationality: Indian