



SANGEETHA P. C

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Objective

A young psychology graduate who wish to utilize learning experience in the best way possible and look forward to a growing career which would enhance my skills and develop further capabilities in my professional life.

Experience

- **Assistant Psychologist** 13 th September 2022- -
Mind and Brain institute (Inmind Hospital)Kuranchery, Thrissur
- **Behaviour Therapist** February -
Atidhi Rehabilitation center, Kaipamangalam, Thrissur
- **Psychologist** 02/March/2020 - 31/ July/ 2020
RICCCH Rehabilitation institute for cognitively and communicatively challenged, Angadipuram.
- 7 month Voluntary service at Mental Health Center, Westfort, Thrissur August 2019 - February 2020
- One month Internship at Mental Health Center Oolanpara, Trivandrum April 2018 -
- One month Internship at Louis mount Mental health center, Chennaiod,Wayanad March 2018 -

Education

- **Master of science in Psychology** 2017-2019
University of Calicut, St Mary's College, Thrissur
- **Bachelor of Sociology** 2014-2017
University of Calicut, Vimala College Thrissur
- **Humanities** 2012-2014
Board of higher secondary examination,SSGHSS Puranattukara, Thrissur
- **SSLC** 2011
Kerala Board of Secondary Education

Skills

- Good communication skills
- Multi-tasker
- Eager to work under pressure
- Strong motivational and leadership skills
- Experienced in research studies
- Flexible team player who prospers in a fast paced work environment

Projects

- **Helping Attitude and Spirituality: A comparative study among Early adults and Middle adults**

Achievements & Awards

- International paper presentation At Rajagiri School of social science, Ernakulum, India Topic: Need of School counselling
- Conducted sessions for the higher secondary students of KMHSS Kuttoor North, Malappuram, Kerala

Languages

- English

- Malayalam

Area Of Interest

- Teaching

- Counselling

- Mentoring

- Training

- Group therapy or public speaking

Participation

- National Seminar conducted at Christ College, Irinjalkuda
Topic: "Psychology- the way to professional and personal enrichment"

- National Seminar on " Behavioural technology for better living conducted by St Marys College, Thrissur, India.

- International conference on Trends and innovation in science, arts and commerce conducted by St Mary's college, Thrissur,Kerala.

- Presented a paper on National conference on Youth and Mental health - Topic : Need of counselor in school setting : An interviewamong Aided School Teachers