

CURRICULUM VITAE

JUDE LIBIN ALBY

Bachelor of Physiotherapy (BPT),(MIAP)

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PERSONAL DETAILS

Father's name : Alby V.P

Mother's name : Mary Jaine C.G

DOB : 24.02.1995

Gender : Male

Marital Status : Single

Nationality : Indian

Languages known: English, Hindi, Malayalam, Kannada

Address : Vattaparambil House, U.C.C P.O,

Aluva, Ernakulam, Kerala

CAREER OBJECTIVES

Seeking a challenging and rewarding position in the field of physiotherapy which will make use of my knowledge, abilities, developing both personal and interpersonal skills, along with sincere contribution to organizations growth and goals.

EDUCATIONAL QUALIFICATION

- Bachelor of Physiotherapy (BPT)-Father Muller College of Allied Health Sciences, affiliated to Rajiv Gandhi University of Health Sciences, Bangalore. Overall percentage- 57%.
- Higher Secondary Education- Vidhyadhiraja Vidhyabhavan Senior Secondary School, Mekkad, Angamali. Overall Percentage- 57%.
- Secondary School Education- Jyothi Nivas Senior Secondary School, Veliyathunad, Aluva. Overall percentage- 76%.

PROFESSIONAL EXPERIENCE

Six months of mandatory internship from 26.04.2021 to 26.10.2021 at Father Muller Medica College Hospital, Kankanady, Mangalore (Grade A by NAAC & NABH). Exposure in outpatient and inpatient set up including ICU in the following departments.

- Cardiorespiratory Physiotherapy
 - ICU
 - ITU
 - ICCU
 - MICU

- SICU
- BICU
- Neuro-rehabilitation Physiotherapy
- Electrotherapy
 - Low Level Laser Therapy
 - Ultrasound Therapy
 - Interferential Therapy
 - Traction Device
 - Transcutaneous Electrical Stimulation
 - Short Wave Diathermy
 - Wax therapy
- Orthopedics and Sports Physiotherapy
- Community Based Rehabilitation
- Pediatrics Physiotherapy
- Women's Health Physiotherapy
- Covid Rehabilitation – Covid ICU and general wards

➤ CURRENT PROFESSION

Started working as a physiotherapist at Medline Multispecialty Clinic from December 2021. My responsibilities include,

- Outpatient care as in treatment of variety of orthopaedic cases such as OA, Plantar Facitis, Frozen Shoulder, Grade1,2 Ligament tears(ACL,ATFL, Rotator Cuff are frequently seen), IVDP etc.

- Inpatient care includes rehabilitation and training of post operative patients.
- Does home visits for patients in need which includes,
- Electro therapy (IFT,TENS,ULTRASOUND)
- Exercise therapy (exercise regime tailormade for the patients condition)
- Manual therapy (Mobilization, MFR)
- Taping and Dry Needling is carried out if necessary with the patients consent.

PROJECT WORK

Effect of Kinesio Taping in Subacromial Impingement Syndrome: A Literature Review

ADDITIONAL SKILLS

- Good leadership quality
- Excellent communication skills
- Excellent patient management skills
- Quick learner
- Career Oriented

CONTINEOUS PRPFSSIONAL DEVELOPMENT

- Participated as Volunteer for Post Covid Fitness camp conducted by Father Muller College of Allied Health Sciences.
- Participated in Massive Online Open Course (MOOC) on Clinical Management of patients with Covid 19-

Rehabilitation of patients with Covid 19 conducted by physiotherapists under WHO.

- Manual Therapy(CMT) from MTFI(Manual Therapy Foundation Of India)
- Clinical taping technique (CTT) from MTFI (Manual Therapy Foundation Of India)
- Clinical Dry Needling Technique(CDNT) from MTFI (Manual Therapy Foundation Of India)

REFERENCES

DR. CHERISHMA D'SILVA (PT,PhD)

Professor and Head of Physiotherapy Department

Father Muller College of Allied Health Sciences

Mangalore, Karnataka.

MS. ANUPAMA K. (PT)

Assistant Professor

Department of Physiotherapy

Father Muller College of Allied Health Sciences

Mangalore, Karnataka.

DECLARATION

I hereby declare that the above-mentioned details are true to best of my knowledge.

JUDE LIBIN ALBY