



ATHIRA ANIL



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SAJI BHAVAN
MANTHURUTHY P O
NEDUMKUNNAM
KOTTAYAM
KERALA-686542

ABOUT ME

Efficient, passionate and dedicated person with good communication skill, interpersonal skills and have training experience in Health Sector. Completed Masters in Social Work. Ability to analyse problems and fix it quickly. Attention to detail and holds good group behaviour. Strategic thinker and adaptable person. Excellent in co-ordination, motivated to learn, grow and excel in career.

INTERNSHIP EXPERIENCE

Social worker (Trainee) - August 18 to September 18, 2021 (One month) Vijayapuram Social Service Society & Child Line, Kottayam

- Duties including, gave awareness Class about the child rights. Open house interacting programme (Webinar) in Nedumkunnam Panchayath.
- Done documentation for "We Share" Programmes
- Done documentation of "Asha Kiranam"
- Volunteer as part of the cancer care programme
- Volunteer as part of the "SUDHEER Programme"
- Organized programme of awareness building and preventive interaction through volunteer at Village level.
- Visit various department in Kottayam Collectorate.
- Visit Child Welfare Committee (CWC) and District Child Protection Unit (DCPU)
- Organized a support programme for a person who has recovered from Covid and campaign to fight the third stage of Covid-19 in collaboration and Assisi Hospital.

Social worker (Trainee) - February to March, 2022 (25 days) IPCAI Grace Care Residential Geriatric Canter, Kottayam

- Duties include, assisted with doctors in ward visit.
- Visited various agencies includes Oldage home, Neuropsychiatric rehabilitation centre, Psychiatric clinic, Special school and interacted with clients.
- Experienced in taking Case work, Case history, M.S. E, counselling, social group work, psychotherapy, awareness program for children about life skills.

Medical Social Worker (Trainee) - July 2022 (One month) Regional Cancer Centre, Trivandrum

- Worked with various departments like Admission, Front office/Reception, KASP, Welfare, Medical Records, Pain and Palliative care and Medical social work, Clinics, Wards visits, Community oncology
- Duties include Psychosocial assessment of patients, taking case work, case history, M. S. E, Group work
- Assisted doctor consultation in OP and ward visit.
- Worked as volunteer in Indian Medical Association.

PERSONAL DETAILS

Date of Birth : 11-03-1998
Name of Father : Anilkumar C V
Religion : Hindu
Nationality : Indian
Languages Known : Malayalam
English

KEY SKILLS AND ABILITIES

- Organizing / Coordination.
- Initiator.
- Able to manage situations with a calm & composed nature.
- Individual and Group counselling skills.
- Self-motivated.
- Can-do attitude.
- Quick learner.
- Psychosocial assessments.
- Ability to complete a task responsibly, during challenges and restraints.
- Competent in the use of Microsoft, Systems including MS Word, Excel, PowerPoint to a high level.
- Reporting and presentation skill.
- Communication skill

Psychiatric Social Work (Trainee) – November 2022 (25 Days)

Institution of Mental Health & Neuroscience (IMHANS)

- Worked with various departments like Recovery Facilitation Unit, Child Development Services, Autism Project, Rehabilitation Services & Adolescent Psychiatry.
- Duties include Psychosocial assessment of patients, taking case work, case history, M. S. E, Group work
- Participated State Level Experience Sharing Workshop & Poster Presentation of Govt. Institution/NGO's in Psychosocial Rehabilitation in Kerala. It organized by CRC in Kozhikode

PROFESSIONAL & EDUCATIONAL QUALIFICATIONS

Master of Social Work (2020-2022)

*Mannam Memorial NSS College, Konni
Mahatma Gandhi University, Kottayam*

Bsc. Botany -(2016-2020)

*Assumption College, Changanacherry
M G University, Kottayam*

Plus Two - Science Stream (2014-2016)

*NSS HSS Karukachal
Kerala Board of Higher Secondary Examinations*

SSLC (2014)

*St.Teresas's Girls HS Nedumkunnam
Kerala Board of Examinations*

CERTIFICATIONS

- Completed Training of Trainers for Emergency Basic Life Support as part of IMA Lions Public Health Brigade.
- Participated State Level experience sharing Workshop and Poster Presentation of Govt. Institution/NGO's in Psychosocial Rehabilitation in Kerala.

COMPUTER SKILLS

- Typewriting English and Computer Word Processing Lower with second class (minimum speed English lower: T/w: 30 wpm, W/p:30 wpm)
- Microsoft Office (word, PowerPoint, Excel)

OTHER INTERESTS

- Administration
- Public Relations
- Reading, Volunteering,

DECLARATION

I hereby declare that; the above stated information's are true to the best of my knowledge and belief.

Place: Kottayam

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