



SWATHY KRISHNAN
Trainee Social Worker

CAREER OBJECTIVE

Seeking for a responsible opportunity to fully utilize my training and skills, and use my professional services for helping the client to solve their problems

CONTACT INFORMATION

Address: Padinjarathil (H) vakathanam P.O
Kottayam, Kerala 686539

Phone No: 8281795669, 7306924505

Email: swathyk31@gmail.com

PERSONAL DATA

DOB: 26/02/1998

Marital Status: Single

Nationality: Indian

Language Known: Malayalam English and
Tamil

EDUCATIONAL TRAINING

BCM COLLEGE, KOTTAYAM

Masters in social work

Specialized in Medical and Psychiatry

- Batch of 2020-2022
- Conducted and participated in International Conferences
- Volunteered in conduct Annual Status of Education Report 2021(Pratham)
- Volunteered in COVID 19 community Counselling support team (Ottackalla Koodeyundu)

St.Thomas College, Pala

Bachelors of vocational education in sustainable agriculture

- Batch 2016- 2019
- CCPA: 8.6

Baker Memorial GHSS, Kottayam

- Batch 2014-2016
- Percentage: 82%

M.G.E.M.H.S.S, Vakathanam, Kottayam

- Batch 2014
- Percentage: 86%

INTERNSHIPS

COMMUNITY SOCIAL WORK TRAINEE

Vakathanam Grama Panchayat, 19 Feb 2021-14 Sep 2021

- Learned about grassroot level management functions
- Visited institutions under Grama Panchayat

COMMUNITY SOCIAL WORK TRAINEE

TRADA, Manganam P.O, Kottayam

6 oct 2021-30 Oct 2021

- Case history and MSE taking
- Conducted group activities among patients
- Supervision
- Documentation

SKILLS

- Communication Skill
- Active Listening Skill
- Good learner
- Organizing Skill
- Documentation Skill
- Time management
- Problem solving skill

REFERENCE

Dr. Ipe Varughese

Head, Dept. of Social Work, BCM College,
Kottayam (Gen.Sec., KAPS)

Phone No: 9446448215

DECLARATION

I hereby declare that all information given are true and correct to my knowledge

PSYCHIATRIC SOCIAL WORK TRAINEE

Max Minds, Kannur, 1 March 2022-30 March 2022

- Case history and MSE taking
- Participated in various group therapy
- Conducted Psycho education
- Familiarised with various Psychiatric disorder

PSYCHIATRIC SOCIAL WORK TRAINEE

Puthujeevan Trust , Nalukoodu, Changanaserry

1 September 2022-31 September 2022

- Case history and MSE taking
- Conducted case study
- Interacted with Patients and bystanders
- Done Presentations
- Familiarised with Social work roles in psychiatric setting
- Conducted psycho-education

PSYCHIATRIC SOCIAL WORK TRAINEE

Cadabam's Group, Bangalore (ongoing)

- Case history and MSE taking
- Participated in supportive treatment

ADDITIONAL ACTIVITIES

- Paper Presentation in International conference on topic on Child trafficking and Child rights and Gender discrimination in families and workplace in India held at BCM College.
- Awareness classes for school students on the topic Life skill Education.

RESEARCH EXPERIENCE

- MSW Dissertation on topic "Challenges faced by psychiatric social worker that leads to burn out"