





SONA MARIYA MATHEW

Vellappillil (H), Chemmannar P.O
Idukki - 685554
Kerala


sonasiby2407@gmail.com


+91.9605415469



<https://www.linkedin.com/in/sonamariya-idkklind/>

About Me

SOCIAL WORKER

Seeking a career to utilize my knowledge and personal skills that matches with the organizations growth and take responsibility and contribute significantly.

Education

• Master of Social Work, Medical & Psychiatry

De Paul Institute of Science & Technology
MAHATMA GANDHI UNIVERSITY
Angamaly , Kerala

Completed, October 2022

• Bachelor of Social Work

Mar Elias College
MAHATMA GANDHI UNIVERSITY
Kottappady, Kerala

Graduated, March 2020
Marks 79 %

• Higher Secondary School

St. Xavier's Higher Secondary School
BOARD OF HIGHER SECONDARY EXAMINATION
Chemmannar, Kerala

Graduated, March 2017
Marks 86 %

• High School

St. Xavier's Higher Secondary School
GOVERNMENT OF KERALA ,GENERAL EDUCATION
DEPARTMENT
Chemmannar, Kerala

Graduated, March 2015
Marks 95 %

Work Experience

July 2022 - September 2022

PLACEMENT EXECUTIVE

The Rank Charitable Trust for Education (DDU-GKY project - Govt of India)
Edappal, Kerala

- Visit to employers established, identify new employers to introduce the academic offerings of our students graduate.
- Maintain direct communication with employers by performing weekly visits and collecting employment data and salary slips for submission to head office.
- Perform weekly phone calls to graduates in order to have all personal information up to date.
- Administers pre & post assessments to candidates/students
- Monitor student progress and visit students throughout their work placements.

Achievements

- Degree Rank Holder (2nd Rank in BSW 2017-2020, MG University)

- Published an article named "Advantages and Disadvantages of Online Education among Youth" (© April 2022 | IJIRT | Volume 8 Issue 11 | ISSN: 2349-6002 154368, INTERNATIONAL JOURNAL OF INNOVATIVE RESEARCH IN TECHNOLOGY.'.
- 2nd Prize in Debate competition in SAMANWAYA 2022
- Participated in SAMANWAYA 2022 International Conference organised by BCM College Kottayam and present a paper on the topic-' Impact of Covid-19 on Children special focus on Psycho-social aspects'.
- Participated in Social Service Excellence Award 2020 conducted by K Chittilappilly Foundation at Renai Hotel, Palarivattam,
- Pursuing Diploma in Women Empowerment And Development from IGNOU.
- Pursuing PG Diploma in Counseling and Family Therapy from IGNOU.

Training and Certifications

- Social Work Trainee, Cultural Academy For Peace, Kacheripady (14th Sept - 13th Nov), 2018
- Social Work Trainee, District Child Protection Office, Ernakulam (1st Feb - 2nd April), 2019
- Social Work Trainee, Cochin Social Service Society, Fort Kochi (21st June - 13th Sept), 2019
- Social Work Trainee, K Chittilappilly Foundation, Kakkanad (2nd Dec - 31st Dec), 2019
- Social Work Trainee, Rajagiri Outreach, Kalamassery (7th July - 16th Aug), 2021
- Social Work Trainee, Mental Health Centre, Oolanpara (1st Mar - 31st Mar), 2022

Skills

- Positive attitude and great interpersonal skills
- Good leadership and team management skills.
- Ability to interact and work effectively with people to ensure the use of full human potential.
- Self Motivated
- Excellent computer skills

Languages

- English
- Malayalam
- Tamil
- Hindi

Personal Details

Father's Name: • Mr. Siby
Birthday: • 24/07/1999
Gender: • Female

Marital Status: • Single

Address Details

Vellappillil (H), Chemmannar P.O
Idukki - 685554
Kerala

Declaration

I, SONA MARIYA MATHEW, hereby declare that the information contained herein is true and correct to the best of my knowledge and belief.

SONA MARIYA MATHEW

Idukki , Kerala