



# REESHYA JOSEPH

Professional Social Worker

+91-9072580238



Reeshya2016@gmail.com



linkedin.com/in/reeshya-joseph-16a2a8217



Thalayolaparambu, Kottayam - 686605



## About Me

Seeking a Social Services position with in order to utilize educational achievements and 1+ years of experience as a social worker to help individuals in the community achieve better mental, physical, and emotional health

## Skills

- ADAPTABILITY
- PLANNING & COORDINATION
- LEADERSHIP SKILLS
- COMMUNICATION
- CREATIVE THINKING
- COUNSELLING

## Expertise

- OUTLOOK OFFICE
- MS WORD
- MS POWERPOINT
- MS EXCEL
- STATISTICAL PACKAGE FOR THE SOCIAL SCIENCE (IBM SPSS)

## PERSONAL DETAILS

- DATE OF BIRTH : 14-02-1999
- MARITAL STATUS : SINGLE
- SEX : FEMALE
- NATIONALITY : INDIAN
- BLOOD GROUP : O- VE
- LANGUAGES KNOWN : MALAYALAM, ENGLISH, HINDI, AND TAMIL.

## Work Experience

### SOCIAL WORKER 2022-Present

KARKINOS HEALTHCARE(KH) is desirous to build an end -to-end technology driven oncology focused managed healthcare platform where almost no person is deprived of care either by lack of access or affordability

#### Roles/Tasks

- Worked in the primary levels of cancer care; both in preventive and promotive aspects
- Conducted community based screening camps and awareness campaign
- Conducted Risk assessment for 30 + groups
- Provide counseling and psycho social support for the cancer patients.
- Helper in patient navigation
- Provide HPV ( human Papilloma Virus) test counseling for the 30+ population

### SOCIAL WORKER 09-2021 To 11-2021

#### HOLY CROSS SUPER.SPECIALITY HOSPITAL - Kollam

#### Roles/Tasks

- Conducted case work and group work in psychiatric patients
- Conducting Relationship restructuring among emotionally vulnerable individuals
- Provide de- addiction counseling
- Case management among stress and anxiety related patients

### SOCIAL WORKER 06-2020 To 08-2021

#### CARITAS HOSPITAL- Kottayam

#### Tasks/Roles

- Conducted tele- counselling for the COVID patients
- Patient Navigation
- Counselling and care for the IP patients

### SOCIAL WORKER 06-2020 To 08-2021

#### TRADA ( Total Response to Alcohol and Drug Abuse)

#### Tasks/Roles

- Conducted case work, group work
- Provide de- addiction counseling
- Conducted MSE ( mental status examination), group and art therapies

### SOCIAL WORKER 06-2020 To 08-2021

#### CHASS (Changanacherry Social Service Society)

#### Tasks/Roles

- Conducted community based case work and groupwork
- Worked in the " save a family plan , project
- Conducted group work and group therapy among de-addiction setting
- Worked in between SHG (self help groups)

## Academics

- Diploma in Child Rights
- Field work - Kuravilangad Gramapanchayat Kottayam (July - September, 2019)



# REESHYA JOSEPH

Professional Social Worker

+91-9072580238

Reeshya2016@gmail.com

linkedin.com/in/reeshya-joseph-16a2a8217

Thalayolaparambu, Kottayam - 686605



## EDUCATION

- 2019-2021 MASTER'S IN SOCIAL WORK  
Secured 76% under MGU (BCM College, Kottayam)
- 2019-2021 BACHELOR'S IN PHYSICS  
Secured 80% Under MGU (Devamatha college, Kuravilangad)
- 2014-2016 HIGHER EDUCATION  
Secured 80% In Science stream (A.J John Ghss, Thalayolaparambu)
- 2013-2014 SSLC under Kerala State Education Board  
Secured 86% Marks (St. Agnes ghs, Muttuchira)

## ACADEMIC PROJECT

- PG Dissertation was on the topic "A study on Social Anxiety among adolescents" Under the guidance of Ms. Gayathri Das, Faculty, department of social work, BCM College Kottayam
- UG project was based on the topic "structural investigation of Zinc Sulphide Nano Powder based on X-ray Diffraction under the guidance of Dr. Tina Sebastian, Assistant Professor, Department of Physics, Deva Matha College Kuravilangad

## REFERENCE

- Fr. Joseph Pullamkulamkulathuthara  
CMI, Kalamassery Province,  
At present in Germany  
Mob : +49 1623462280
- Dr. Ipe Varghese  
HOD, Department of Social Work  
BCM College Kottayam.  
Mob : +91 9446448215 E-mail  
ipevarghese@rediffmail.com

## DECLARATION:

I hereby declare that all the details furnished above are true and correct to the best of my knowledge & belief.

PLACE : KOTTAYAM

DATE : 05-12-2022

Reeshya Joseph