

JOSMI JOSE

KATTIKULAKKATTIL (H) KARIKKATTOOR P. O MANIMALA KOTTAYAM KERALA PIN CODE : 686544 7510476425 | josmyjose505@gmail.com

Objective

To enhance my professional skills, capabilities and knowledge in an organization which recognizes the value of hard work and trusts me with responsibilities and challenges.

Experience

· Caring Hands Mother Theresa Home

July 2021 - August 2021

Social worker

Worked as social worker intern in Caring Hands Mother Theresa Home, Nedumkunnam, Kottayam

· St. Marthas Hospital, Bangalore

March 2021 - April 2021

Medical Social Worker

Worked as medical social worker intern in St.Marthas Hospital, Bangalore.

Sanjeevani Rehabilitation Centre, Nedumkunnam

November 2020 - December 2020

Psychiatric Social Worker

Worked as social worker intern in Sanjeevani Rehabilitation Centre, Nedumkunnam.

· District Disaster Management Authority, Kottayam

May 2021 - July 2021

Psycho Social Counselor

District Disaster Management Authority, Kottayam[Ottaikkalla Koodeyund].

Worked as a Volunteer Psycho Social Counselor

· Caring Hands Mother Theresa Home

September 10 - September 21

Social Worker

Worked as a social worker in Caring Hands Mother Theresa Home, Nedumkunnam, Kottayam

Education

CCM HSS KARIKKATTOOR SSLC BOARD OF PUBLIC EXAMINATION, KERALA 89%	2015
CCM HSS KARIKKATTOOR HSE (HUMANITIES) BOARD OF HIGHER SECONDARY EDUCATION, KERALA 90%	2016
MG UNIVERSITY BA (ECONOMICS) Grade(B)	2019
MG UNIVERSITY MASTER OF SOCIAL WORK Grade (B)	2021

Skills

- Communication
- Empathy
- Active listening
- Organization
- Time Management
- Problem solving
- Intervention

- Self care
- Tact
- Patience
- · Team Building
- · Decision Making

Projects

 A study on psychosocial adjustment among adolescents children of alcoholic father with special reference to Manimala Gramapanchayt

Achievements & Awards

- Actively participated in the activities of the National Service Scheme. Number of hours of service done: 240.
 Special Camps attended: 1. Awards: Best Camper (2014-2016)
- Successfully completed 18 hours of social service at Kodinnattkunnu as part of the social outreach programme.(2017-2018)
- Actively participated in the certificate programme on disaster management psychosocial intervention and risk reduction.(2019-2020)

Interests

- Participating in social activities
- Shuttle
- Music
- Art
- Cycling
- Acting

Languages

- English
- Malayalam

Declaration

• I Josmi Jose hereby affirm that all the information provided by me in this resume is true and correct to the best of my knowledge and belief.

Reference

 Sr. Shalini CMC - "Assumption College Autonomous, Changanacherry " Head Of Social Work Department aliceshalinicmc@gmail.com 8289952461