

CONTACT



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OBJECTIVE

To work in an environment which allows me to continue learning and grow professionally where I can utilize my skills and knowledge appropriately

EXPERIENCE

28 September 2022 - Present

Nakkada Mission Hospital, Thiruvalla

Psychiatric social worker

- Collection of information about patient and prepare case history
- Liasing with doctors, nurses and other professionals
- Provide counseling and resource information
- Building relationships, reassuring, listening and talking to patients
- Writing and updating patient records

02 June 2021 - 22 September 2022

Brahma Entertainers, Changanassery

Employee counsellor

Address situations that cause emotional stress including:

- Anxiety, depression and other mental and emotional problems
- Family and relationship issues
- Substance abuse and other addictions
- Absenteeism
- Career change and job stress

25 September 2021 - 18 October 2021

ACCEPT De-addiction centre, Punnapra

Intern

- Identification and assessment of substance abuse problems
- Empowering the clients with resources, goals, plans, psychosocial assesment and counseling

02 August 2021 - 16 September 2021

Travancore Foundation Retirement home, Karukachal

Intern

- Helping older adults adjust to life in their new residences, advocating for their client's needs and rights, providing supportive counselling and making psychosocial assessments

01 January 2021 - 28
January 2021

Bishop Vayalil Medical Centre, Moolamattom

Intern

- Intake and evaluation process
- Formulate treatment plans
- Intervene in crisis situations

12 July 2019 - 10
September 2019

Sevanikethan NGO, Changanassery

Intern

- Creating awareness to the public about various programmes under NGO
- Program coordination

EDUCATION

2021

St.Berchmans College, Changanassery

Master of Social Work

85%

2019

Saint Gits College of Applied sciences, Pathamuttom

B.A Corporate Economics

89.8%

2015

St.Peters Higher Secondary School

Higher secondary Education

80.75%

SKILLS

The ability to empathise with people

Active listening skills

Verbal and written communication skills

**ACHIEVEMENTS &
AWARDS**

University Rank holder in B.A.Corporate Economics (2019).

Served in the Covid 19 community counselling support team as part of 'Ottackalla Koodeyundu Kottayam Program'.

Served as an enumerator for post-flood situational analysis in Champakulam grama panchayat for M.S. Swaminathan Research Foundation.

REFERENCE

Deepak Joseph - "St.Berchmans College, Changanassery"

HOD, Social Work Department

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