



VARUNESH V

Social Worker

CONTACT



+91 6360 193 406
+91 9847 11 0007



varunvenu007@gmail.com
varunesh.nimhans@gmail.com



Varun Bhavanam, Chunakkara
Alappuzha, Kerala-690534.

SKILLS

Therapeutic skills



Organizing



Presenatation and documentaion



Adaptability



Photography and videography



Adobe photoshop, Premier Pro



INTERESTS & HOBBIES

- ❖ Reading
- ❖ Travelling
- ❖ Watching Movies
- ❖ Photography and Videography
- ❖ Scriptwriting and Direction

OBJECTIVES

To build an enriching career with diverse experiences to share the knowledge acquired over the years with clients and students to bring theories to practice in a new setting and to grow personally and professionally.

EDUCATION

2022

M.Phil (Psychiatric Social Work),
Department of Psychiatric Social Work, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Karnataka.

2019

Master of Social Work (M&P),
Department of Social Work, Central University of Kerala, Kasaragod, Kerala.

2015

Master of Arts (History),
Department of History, Catholicate College, Pathanamthitta, Mahathma Gandhi University, Kottayam, Kerala.

2013

Bachelor of Arts (History),
Department of History, N.S.S. College Pandalam, Pathanamthitta, University of Kerala, Thiruvananthapuram, Kerala.

EXPERIENCE

NAVAJEEVA KENDRAM DE-ADDICTION CENTRE, PATHANAMTHITTA
June 2019 – August 2019
Counsellor

MAXMINDS PSYCHO-SOCIAL REHABILITATION, KANNUR, KERALA
September 2019 – December 2020
Social Worker (counsellor)

NIMHANS, BANGALORE, KARNATAKA
January 2021 – November 2022
Psychiatric Social Work scholar

PERSONAL PROFILE

- Age: 29 years
- Date of Birth: 27/12/1992
- Gender: Male
- Name of Mother: SANTHA G.
- Name of Father: VENUGOPAL
- Marital status: UNMARRIED

LINGUISTIC SKILLS

Language	Speak	Write	Read
MALAYALAM	✓	✓	✓
ENGLISH	✓	✓	✓
TAMIL	✓	✓	✓
HINDI	✓	✓	✓
KANNADA	✓		

TECHNICAL SKILLS

- S.P.S.S.
- Microsoft Word
- Microsoft Excel
- PowerPoint
- Social media
- Adobe Photoshop
- Adobe Premiere Pro

FIELD WORK EXPERIENCE

Social Worker (Trainee)

KMC Hospital Mangalore (Manipal), Karnataka.

December 2018 – March 2019

Case Worker

Social Worker (Trainee)

Taluk Hospital Panathady, Kasaragod, Kerala.

June 2018 – November 2018

Social Worker

Social Worker (Trainee)

Special Tribal School, Badiadka, Kasaragod, Kerala.

November 2017 – March 2018

Social Worker

Social Worker (Trainee)

CHILDLINE Kasaragod, Kerala.

August 2017 – October 2017

Case Worker

RESEARCH EXPERIENCE

Stigma and Help-Seeking Behaviour Among Family Caregivers of Persons with Severe Mental Illness

M.Phil. Psychiatric Social Work

Quantitative descriptive study among family caregivers of person with severe mental illness seeking treatment in NIMHANS.

Management of Learning Disability among Early-adolescent Children

Master of Social Work

Quantitative descriptive study among students who were studying in G.H.S.S. Periy, Kasaragod.

AS A RESOURCE PERSON

The resource person of the Community Outreach programme organised by Navajeeva Kendram De-addiction centre, Pathanamthitta for School Children.

The resource person of Alcoholics Anonymous, organised by Maxminds Psycho-social Rehabilitation, Kannur.

- Presented a Short Film (Hope) on “Multiple Sclerosis” at the World Multiple Sclerosis Day Programme on May 30th 2019, at N.I.M.H.A.N.S. Bengaluru and Won First Prize.
- Presented a Short Film (Trust on recovery) on “Road to synergy S.O.W.O.C.O. conference” at Social Work Conference on December 10th to 11th, 2021, at I.M.H.A.N.S. Kozhikode and Won First Prize.
- Workshop on “Orientation to C.B.T. Practice for Social Workers” N.I.M.H.A.N.S. held from 27th to 29th December 2021.
- Organised a Webinar at the National level on “Internet Addiction and Its current Dilemma in this Covid-19 Scenario” on November 12th, 2020, organised in Maxminds Psycho-social Rehabilitation Kannur.
- Organised a Drawing competition among school children to sensitise mental health issues at the state level in November 2020, organised in Maxminds Psycho-social Rehabilitation Kannur.
- Organised an Exhibition on drug abuse awareness at the district level in Pathanamthitta on June 26th 2019, among school children to sensitise drug abuse and its impact, organised with Navajeeva Kendram De-addiction centre, Pathanamthitta.
- Participated in a Conference on “Medico-legal issues in Sexual Offences” on February 13th, 2019, organised by A.J. Institute of Medical Sciences and Research Centre, Mangaluru.
- Participated in the National Conference on “Public-Private Community Partnership in Prevention and Management of Drug Abuse” from 7th to 8th January 2019, organised by the Department of Social Work, Central University of Kerala Kasaragod and Collaboration with N.I.S.D.
- Participated in National Conference on “Active ageing; paradigms for the postmodern era” from 6th to 7th December 2018, organised by the Department of Social Work, Central University of Kerala Kasaragod and Collaboration with N.I.S.D. Participated in National Seminar on “Causes and Impact of Drug Abuse among Students” on October 26th 2018, organised by the Department of Social Work, Central University of Kerala Kasaragod and Collaboration with N.I.S.D.
- Participated in the National Conference on “Sensitisation Programme for University students on prevention of Drug Abuse” on September 28th 2018, organised by the Department of Social Work, Central University of Kerala Kasaragod and Collaboration with N.I.S.D.
- Participated in National Conference on “Capacity Building Programme on Drug Abuse” from 24th to 26th September 2018, organised by the Department of Social Work, Central University of Kerala Kasaragod and Collaboration with N.I.S.D.
- Participated in National Seminar on “Development, Displacement and Rehabilitation in India; Administrative and Policy options” from 11th to 13th July 2018, organised by the Department of Public Administration and Public Policy, Central University of Kerala Kasaragod.
- Participated in a Seminar on “Gender Relations” on March 8th 2018, organised by Rotary Club Kanhangad, Kasaragod.

AWARDS

- Qualified For Assistant Professor (UGC NET) in Social Work in January 2019.
- Best Short Film Award for “Trust in recovery” in Social Work Conference (S.O.W.O.C.O. 2021) organised by I.M.H.A.N.S. Kozhikode.
<https://youtu.be/qxnQovbllkQ>
- Best feature film award in 2022 for short film “HOPE” Multiple Sclerosis awareness in Conference conducted by NIMHANS.
<https://youtu.be/l0A-tJOhy6s>
- 2nd Prize for Shortfilm “UNHEARD” in OCD Symposium conducted by NIMHANS in 2022.
<https://youtu.be/Musr0Lj5SHY>

I declare the above information and content accurate, correct, and backed up with testimonial evidence and certificates. Accordingly, I take full responsibility for the information and its integrity and commit further to accomplish and strengthen the same.

DECLARATION

Varunesh V.