



Nayana Saji

Social Worker

Profile

An organized, driven, hardworking professional in the field of Social Work, with specialization in Physical and Mental Health. A highly approachable, positive individual with good people skills as well as the ability to lead, make critical decisions and work to deadlines. Strives hard to work for transforming each responsibility into a learning experience.

Employment History

Psychiatric Social Worker at Chaitanya Institute for Mental Health, Pune, India

November 2020 — November 2022

Worked as **Psychiatric Social Worker** at Chaitanya Institute for Mental Health, Pune. Over the course of two year, I could build my skills and expertise in the psycho-social management of individuals with psychiatric illness and associated behavioural disorders. My responsibilities included comprehensive care of mentally ill clients including individuals with history of addiction. Furthermore, I could work with clients of different age groups starting from those with childhood psychiatric disorders to those in geriatric unit.

Education

Bachelor of Arts

2014 — 2017

Guru Narayana College of Arts & Science, Thodupuzha

Mahatma Gandhi University, Kottayam

Master of Arts in Social Work

2018 — 2020

Santhigiri College of Computer Sciences,

Vazhithala, Thodupuzha.

Awards and Honors

Student participant for the National Seminar Dhyothana 2020.

Badged A grade for Malayalam short story writing at M G University kalolsavam

Internships

2019

- Internship for psychiatric social work at Tulasi Psychiatric and Rehabilitation center, Delhi.
- Internship for medical social work at Welcare Hospital, Ernakulam.

Details

Ambanattu House, Kalamboor
P.O, Piravom. Ernakulam,
Kerala, 686664

India

9605617693

nayanasaji91@gmail.com

Date / Place of birth

1995/12/14

Ernakulam, Kerala

Nationality

IN

Skills

Decision Making

Critical thinking and problem solving

Teamwork

Computer Skills

Ability to Multitask

Effective Time Management

Adaptability

Leadership

Communication Skills

Fast Learner

Languages

English

Malayalam

Hindi

Tamil

- Internship for psychiatric social work at Chaitanya Institute for Mental Health, Pune.

Field Work Experience

- Koothattukulam Municipality
Conducted a survey regarding accidents and increased mortality.
Observed Kudumbashrees grassroot level of functioning and it's impact on women.
Understood about the functioning of Municipality and related institutions.
- Thodupuzha Municipality
Organized community visits at Thodupuzha Municipality and other institutions.
Conducted a spot survey regarding waste management in Thodupuzha town.
Conducted a survey regarding disable friendly toilets in Thodupuzha town.

Volunteering Activities

- Volunteer in Kerala flood relief activities.
- Volunteer in Edamalakkudy (First Tribal panchayath in Kerala) in association with State Child Rights Commission.
- Student Volunteer for National Service Scheme during the period 2012-2014.

📄 Area of Research

- Research paper in the topic of "Impact of Alcoholism in Family Relationships."
- Research title "Social conditions of Adolescent Tribal Girls in Velliamattom Panchayat."

📖 References

Mr. Rony George (Founder cum Director) from Chaitanya Institute for Mental Health

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