

RESUME



ANMARY JOSE PHYSIOTHERAPIST

INFORMATION

- Age : 24
- DOB : 28/01/1998
- Gender : Female
- Birth : India
- Living : India
- Marital status : Single
- Tel : +91 9207560787
- Email : anmaryjose333@gmail.com

INTERESTS

- Service
- Music
- Cricket
- Yoga

SKILLS

- Professional Mannerisms
- Effective patient handling
- Communication
- Listening skill



OBJECTIVE

To secure a position where I can efficiently contribute my skills and abilities for the growth of the organization and build my professional



EDUCATION

Bachelor of Physiotherapy 2015~2020

University : Kerala University of Health Science

College : LIMSAR, Angamaly

Percentage : 66%

Higher Secondary 2013~2015

Board : Board of higher secondary examination, Kerala

School : St. Joseph's G.H.S Chengal, Kalady

Percentage : 87%

Secondary School 2012~2013

Board : Board of public examination, Kerala

School : St. Joseph's G.H.S Chengal, Kalady

Percentage : 79%



TRAINING & EXPERIENCE

INTERNSHIP AT

- ★ **FATHER MULLER MEDICAL COLLEGE , KANKANADY, MANGALURU**
8 November 2019 - 11 January 2020
- ★ **LITTLE FLOWER HOSPITAL AND ALLIED INSTITUTION ,ANGAMALY**
20 January 2020 - 26 February 2020
- ★ **FORTIS HEALTHCARE LIMITED, BANNERGHATTA, BANGALORE**
3 March 2020 - 6 June 2020
- Assisted the senior staff in various departments.
 1. Department of Physiotherapy
 2. Department Of Orthopedics (pre-operative and post-operative)
 3. Department Of Neurology & Neurosurgery
 4. Department Of Cardiothoracic (Including ICU & post-operative)
 5. Department Of Prosthetics & Orthotics
 6. Department Of General Medical Unit
 7. Department Of Gynecology & Obstetrics
 8. Out-patient Department
 9. Rehabilitation Unit
 10. Department of Pain and Palliative care

STRENGTHS

- Time management
- Quick learner
- Leadership
- Flexible
- Positive thinking
- Communication

ADDRESS

Home : Attokkaran House
Street : Kottamam
City : Angamaly
District : Ernakulam
State : Kerala
Pin code: 683574

LANGUAGE

- English
- Hindi
- Malayalam



WORK EXPERIENCE

Name Of The Hospital : C.A. HOSPITAL, DESOM, ALUVA
Date of Employment : 2 February 2021
Work Experience : Till Date



PROJECT

Compare The Effect Of Global Postural Re-education And Strengthening Of Lower Trapezius Muscles on Pain, Muscle Strength And Functional Status in Individuals With Non- specific Neck Pain.



CONFERENCES

- CHARTERED SOCIETY OF PHYSIOTHERAPY TEACHERS NATIONAL CONFERENCE 2018 held at feroke, Kozhikode,Kerala ,India
- EVIDENCE BASED STROKE REHABILITATION-National Physiotherapy seminar organized by JDT Islam Orphanage and Educational Institution at JDT Islam College of Physiotherapy, Kozhikode, Kerala, India
- SELF MYOFACIAL RELEASE TECHNIQUES organized by Indian Association Of Physiotherapist at Elite Mission Hospital , Thrissur
- PHYSIOTHERAPY CONFERENCE - QINETICS 2018 organized by Little Flower Institute of Medical Science and Research on 13th



REFERENCE

Mrs. Remya Neelambaran
HOD of Physiotherapy
LIMSAR
Angamaly
Ph : +91 9567148491
Email: remyaneelambaran10@gmail.com



DECLARATION

I assure that the above furnished information is true according to the best of my knowledge and belief.

Place :

Date :

ANMARY JOSE