



TREESA T

Professional Social Worker

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ADDRESS

MITTATHANI HOUSE
MANGALAGIRI
TEEKOY P.O, KOTTAYAM
KERALA .PIN-686580

HIGHLIGHTS

- Empathetic.
- Problem Solving.
- Basic Management Skills
- Ability to Multitask.

SUMMARY

Social worker who has served in government and non- government organizations for five years. Specialized in providing individual and group counseling and project implementation. Ability to develop and maintain communication and work independently as well as in group.

PROFESSIONAL EXPERIENCE

- **Changanacherry Social Service Society- *Project Officer***
11 April 2010- 18 April 2011 Project planning, Writing, Reporting, Field monitoring
- **National Service Scheme, Directorate of Higher Secondary- *Project Officer***-19 December 2011- 01 November 2012- Project Planning, Implementation, Conduct meetings, Field Monitoring and Evaluation, Documentation etc.
- **KSACS SURAKSHA MSM PROJECT (IRD Suraksha) Trivandrum- *Project Manager*** -22 July 2013- 20 January 2014- Programme Planning, Implementation, Office Administration, Staff training, Field monitoring and Evaluation, Documentation, Public Relation, etc.
- **HLL LIFECARE Ltd. Peroorkada Factory- *Family Counselor***- 01 January 2015- 30 September 2015.- Employees counseling, Conduct employee development Programmes, Family and hospital visits.
- **Karunya Charitable Society Trivandrum- *Family Counsellor*** -01 October 2019-30 December 2019- Family counseling, Adolescent counseling etc.
- **Jawaharlal Memorial Social Welfare & Public Co- Operation Centre, Kottayam- *Family Counsellor*** -07 February 2020_30 October 2020- Family, Adolescent & Marital counseling.

EDUCATION

S.S.L.C -General Education Department, Kerala - St.Mary's H.S.S.Teekoy in 2002

Plus Two (Commerce)-Board of Secondary Examination, Kerala -St.Mary's H.S.S.Teekoy in 2004

Diploma in Mass Communication and Video Production - M.G.University Kottayam- St.George's College, Aruvithura in 2007

B.A. English with Broadcasting and Broadcaster- M.G.University Kottayam- St.George's College, Aruvithura in 2008

M.S.W. with Specialization of Family and Child Welfare- M.G.University Kottayam- B.V.M.Holy Cross College Cherpunkal in 2010

Doing... M A Psychology- Distance Education- IGNO University

IT SKILLS

MS word, MS Excel, Power Point Presentation.

CERTIFICATE COURSES

1. Certificate in Counseling Skills
2. Certificate in Poplar theatre
3. Certificate in Family and Marital Therapy
4. Certificate in Project planning and Proposal Writing
5. Certificate in Basic Computer Application.

PERSONAL STATUS

NAME : TREESA.T

DATE OF BIRTH :16.06.1986 AGE : 36

GENDER : FEMALE.

NATIONALITY : INDIAN.

FATHER'S NAME : THOMAS ABRAHAM

PERMANENT ADDRESS: MITTATHANI(H), TEEKOY (P.O), MANGALAGIRI,
KOTTAYAM (DIST) PINCODE_686580

LANGUAGES PROFICIENT : ENGLISH, MALAYALAM

DECLARATION

I do assure that my skills, personal attributes and experience match the requirement of the company seeks for this role and also promise you that I would be able to contribute much for the target population and the agency too.

I do hereby declare that all the above particulars are true to the best of my knowledge.

Mangalagiri

Date:

Treesa T

Sd/